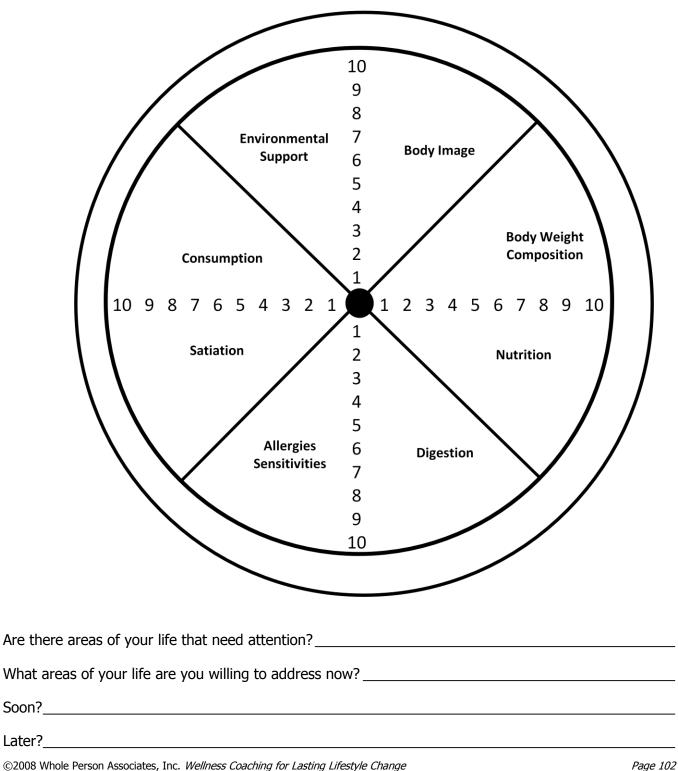
Wheel of Nutritional Satisfaction

Areas of Focus: Rate your level of satisfaction in each area of your nutritional life. The closer you are to 10 the more fulfilled you feel.



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