

Slim on Starch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<input type="checkbox"/> 1. Week 1 Module opens in Teachable. 2. Book in for group call.	<input type="checkbox"/> <i>Submit food photos</i> <i>Optional: 5PM EST/EDT Live Q+A</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>
<input type="checkbox"/> <i>Submit food photos</i> 1. Week 2 Module opens in Teachable. 2. Submit your Week 1 Mindset Journal in Healthie. 3. Book in for group call.	<input type="checkbox"/> <i>Submit food photos</i> Receive week 1 nutrition + mindset check ins. <i>Optional: 5PM EST/EDT Live Q+A</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>
<input type="checkbox"/> <i>Submit food photos</i> 1. Week 3 Module opens in Teachable. 2. Submit your Week 2 Mindset Journal in Healthie 3. Book in for group call.	<input type="checkbox"/> <i>Submit food photos</i> Receive week 2 nutrition + mindset check ins. <i>Optional: 5PM EST/EDT Live Q+A</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>
<input type="checkbox"/> <i>Submit food photos</i> 1. Week 4 Module opens in Teachable. 2. Submit your Week 3 Mindset Journal in Healthie. 3. Book in for group call.	<input type="checkbox"/> <i>Submit food photos</i> Receive week 3 nutrition + mindset check ins. <i>Optional: 5PM EST/EDT Live Q+A</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>
<input type="checkbox"/> <i>Submit food photos</i> 1. Week 5 Module opens in Teachable. 2. Submit your Week 4 Mindset Journal in Healthie. 3. Book in for group call.	<input type="checkbox"/> <i>Submit food photos</i> Receive week 4 nutrition + mindset check ins. <i>Optional: 5PM EST/EDT Live Q+A</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>
<input type="checkbox"/> <i>Submit food photos</i> 1. Week 6 Module opens in Teachable. 2. Submit your Week 5 Mindset Journal in Healthie. 3. Book in for group call.	<input type="checkbox"/> <i>Submit food photos</i> Receive week 5 nutrition + mindset check ins. <i>Optional: 5PM EST/EDT Live Q+A</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>	<input type="checkbox"/> <i>Submit food photos</i>

Print out this calendar and add in dates + group calls each week.