

Both
creative

/ ALLOW FREEDOM

As I have said before, my Gift is not that I am more talented than you or smarter or that I work harder.

My gift is that I ALLOW myself a lot of freedom. Freedom to play and make mistakes. Freedom to take chances and fail. Freedom to go to the wrongest answer in order to find something interesting.

But without being by your side, cheering you on, how can I get you to...
allow yourself to play?

Assignment

30 day challenge. Take on the idea of PLAY as if it were WORK.

Create a task for yourself:

A practice of writing each day...

Smiling at neighbors...

Creating a poster on a social concern that has meaning for you...

Messing around with GarageBand...

Using a paintbrush in a new way...

Whatever you choose, make sure you do it each day. You are, effectively, creating a habit of playing.

See what you can make happen when you allow yourself that freedom.

And let us know what you find out!

Tag us or send a message to howdy@yourworkisagift.com

We're looking forward to hearing from you!

