

Firstly, I would like to introduce myself. I am Karen Ashton and I have been working in the industry since 2003! In 2007 I qualified as a further education teacher and set up my own training school - Holistic Therapies Training. Teaching is my absolute passion, and so far on my journey, I have become an author, a podcaster, a blogger, and a vlogger.

I am not going to ramble on about myself but will pop in some links here so you can find out more about us in your own time if you want to.

But primarily this is to show you that you are in safe hands and that we have experience which we will look forward to passing onto you :-)



We are excited to be on this journey with you.

Karen xxx

## Websites

Karen Ashton Author - [www.karenashtonauthor.co.uk](http://www.karenashtonauthor.co.uk)

Holistic Therapies Training Academy - [www.holistictherapiestrainingacademy.co.uk](http://www.holistictherapiestrainingacademy.co.uk)

My Amazon author page [https://www.amazon.co.uk/Karen-Ashton/e/B07RCJ59CB?ref=sr\\_ntt\\_srch\\_lnk\\_1&qid=1612969267&sr=1-1](https://www.amazon.co.uk/Karen-Ashton/e/B07RCJ59CB?ref=sr_ntt_srch_lnk_1&qid=1612969267&sr=1-1)

## My podcasts page

[www.karenashtonauthor.co.uk/podcast](http://www.karenashtonauthor.co.uk/podcast)

## Facebook Pages

[www.facebook.com/thearomatherapygeek](http://www.facebook.com/thearomatherapygeek)

[www.facebook.com/holistictherapiestraining](http://www.facebook.com/holistictherapiestraining)

## Facebook Groups

[www.facebook.com/thearomatherapygeeksclub](http://www.facebook.com/thearomatherapygeeksclub)

<https://www.facebook.com/groups/holistictherapiestrainingacademystudents>

## Instagram

[www.instagram.com/thearomatherapygeek](http://www.instagram.com/thearomatherapygeek)

[www.instagram.com/holistictherapiestraining](http://www.instagram.com/holistictherapiestraining)

## YouTube

Karen Ashton Author - <https://www.youtube.com/channel/UCqrceXw4YaPnJLyN8ngB2HQ>

Holistic Therapies Training Academy -

<https://www.youtube.com/channel/UCuelBuAONVY3VVgsTc-PrRA>

**Twitter**

[www.twitter.com/holisticutor](http://www.twitter.com/holisticutor)

**LinkedIn**

<https://www.linkedin.com/in/holistictherapiestraining/>