

Points to Ponder

What Makes a Mindset?

Whether or not you've thought about it, your mindset has been formed through your personal life experiences and the environment in which you've lived. The attitudes and beliefs that define your mindset are probably things that you have rarely if ever considered analyzing. But, it is these hidden mechanisms that guide your day-to-day interaction with the world and have some of the largest impacts on your life.

In order to improve your mindset through entrepreneurial behavior, we have provided you with some helpful reflection topics to analyze the events and situations in your own life that have shaped your mindset.

Consider these questions as you begin the journey of exploring and improving your mindset.

- What significant life experiences and events do you think have most shaped your mindset?
- How does your current mindset help you navigate your day-to-day life?
- How might your current mindset be limiting your choices or holding you back?