

# FEET

## Healthy Posture Series – Module 2

What is the ideal alignment of your feet?

What are the anatomical & physiological benefits of keeping ideal foot alignment?

Foot Alignment Practice

Take Away – What is the ONE THING you want to remember from this class?

### One-on-One Consulting Sessions

\$75 per session

\$300 Full 6-Part Program

Telephone Consults Available

Schedule at [www.terileigh.com/consulting](http://www.terileigh.com/consulting)



TeriLeigh

[www.terileigh.com](http://www.terileigh.com) ♦ [teri@terileigh.com](mailto:teri@terileigh.com)

