

Expectations

Have you ever noticed how your expectations can undermine your experience? Maybe you signed up for a study hoping it would be the solution to your area of struggle, but it doesn't go deep enough. Or maybe you had an idea in your mind about what it would feel like to connect with other women in the group, and yet you still feel all alone. Or maybe you entered the study hoping to gain a particular skill or deeper understanding of a concept, but it only glossed the surface.

It's never fun to not have your expectations met. One way to guard against that happening is to identify your expectations before you begin to see if they are realistic and attainable in light of what is promised and what you're able to invest in the process.

So how about you take few minutes to write down your expectations, bring them before God, and ask Him to show you how to make key shifts in your thinking in order to get the most out of this study experience?

Questions for Prayerful Reflection

1. What do I hope to get out of this study overall?
2. What skill do I hope to gain?
3. What deeper understanding do I hope to gain?
4. Are my expectations realistic in terms of the time I am able to put into the study and the way the content is being delivered?
5. Are my expectations attainable in the time-frame of the study? If not, what is a reasonable timeframe to attain my goals?
6. Are my expectations relevant to what is being offered in this study?