



IPEC Module 1 Video 1: Consent and Power

Resources

- French and Raven. 1959. [“Bases of Social Power”](#)
- Follett, Mary Parker. 1924. *Creative Experience* [summary](#).
- From Nicole Perry:
 - Thesis- Working Consent *No longer available. Look for “Care-full Creativity: Consent-Forward, Trauma-Informed, Psychologically Safe Movement Pedagogy” coming from Routledge in 2026.*
 - [Power and Consent in Dance Series](#) for *DanceGeist*

Accreditation Questions (Quiz in Teachable)

- Describe how power shows up in performance or academic settings.
- How have I seen these powers affect my or others' agency? boundaries? ability to give consent? (Please anonymize.)

Self-Reflection Questions

- How have you seen these types of power present in the spaces in which you work?
- Which of these types of power do I feel are most present in the rooms I am in?
- How do the power dynamics of your institution/organization come into play?



Embodiment Exercises/Questions

- What thoughts, feelings, and or sensations are coming up for you when we discuss:
 - Power Over
 - Invisible Power
 - Power Within
 - Power To
 - Power With
- How have I felt when I have seen powers affect my or others' agency? boundaries? ability to give consent? (Please anonymize if necessary.)