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Hours of Service

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## Summary of Hours of Service Regulations

The table summarizes the HOS regulations for property-carrying and passenger-carrying drivers.

<b>HOURS-OF-SERVICE REGULATIONS</b>	
<b>PROPERTY-CARRYING DRIVERS</b>	<b>PASSENGER-CARRYING DRIVERS</b>
<p><b>11-Hour Driving Limit</b> May drive a maximum of 11 hours after 10 consecutive hours off duty.</p>	<p><b>10-Hour Driving Limit</b> May drive a maximum of 10 hours after 8 consecutive hours off duty.</p>
<p><b>14-Hour Limit</b> May not drive beyond the 14th consecutive hour after coming on duty, following 10 consecutive hours off duty. Off-duty time does not extend the 14-hour period.</p>	<p><b>15-Hour Limit</b> May not drive after having been on duty for 15 hours, following 8 consecutive hours off duty. Off-duty time is not included in the 15-hour period.</p>
<p><b>30-Minute Driving Break</b> Drivers must take a 30-minute break when they have driven for a period of 8 cumulative hours without at least a 30-minute interruption. The break may be satisfied by any non-driving period of 30 consecutive minutes (i.e., on-duty not driving, off-duty, sleeper berth, or any combination of these taken consecutively).</p>	
<p><b>60/70-Hour Limit</b> May not drive after 60/70 hours on duty in 7/8 consecutive days. A driver may restart a 7/8 consecutive day period after taking 34 or more consecutive hours off duty.</p>	<p><b>60/70-Hour Limit</b> May not drive after 60/70 hours on duty in 7/8 consecutive days.</p>
<p><b>Sleeper Berth Provision</b> Drivers may split their required 10-hour off-duty period, as long as one off-duty period (whether in or out of the sleeper berth) is at least 2 hours long and the other involves at least 7 consecutive hours spent in the sleeper berth. All sleeper berth pairings MUST add up to at least 10 hours. When used together, neither time period counts against the maximum 14-hour driving window.</p>	<p><b>Sleeper Berth Provision</b> Drivers using a sleeper berth must take at least 8 hours in the sleeper berth, and may split the sleeper berth time into two periods provided neither is less than 2 hours. All sleeper berth pairings MUST add up to at least 10 hours.</p>
<p><b>Adverse Driving Conditions</b> Drivers are allowed to extend the 11-hour maximum driving limit and 14-hour driving window by up to 2 hours when adverse driving conditions are encountered.</p>	<p><b>Adverse Driving Conditions</b> Drivers are allowed to extend the 10-hour maximum driving time and 15-hour on-duty limit by up to 2 hours when adverse driving conditions are encountered.</p>

## HOURS-OF-SERVICE REGULATIONS

### Short-Haul Exception

A driver is exempt from the requirements of §395.8 and §395.11 if: the driver operates within a 150 air-mile radius of the normal work reporting location, and the driver does not exceed a maximum duty period of 14 hours. Drivers using the short-haul exception in §395.1(e)(1) must report and return to the normal work reporting location within 14 consecutive hours, and stay within a 150 air-mile radius of the work reporting location.

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