



Baby Extra Activities



1. Tap and bang mobile

You will need:

- String/ribbon
- Spoons
- Coat hangers/ branch/ Hoola Hoop
- Something to bang with
(wooden or plastic spoon)
- Paint to decorate hanger and spoons
(optional)

Method:

1. Tie string or ribbons around some spoons. Make sure you tie it securely so the spoons won't fall off when hit!
2. Vary the length of the string or ribbon, so that the spoons hang at different lengths, but are still able to touch the other spoons.
3. Tie each spoon onto the coat hanger, branch or hoola hoop.
4. Hang your coat-hanger (or other item) where your baby can reach it.
5. Give your baby a wooden or plastic spoon and show them how to tap and bang the hanging spoons to make a noise!
6. Talk to your baby about the objects and sounds, and sing familiar songs.



If you are going to paint the hanger or the spoons make sure they are old and not needed anymore. You can also substitute these items for anything else that you find in the house.



Younger babies can lie on their backs and swipe at the spoons with their hands and feet. Older babies can sit or stand, and reach up to swipe at the spoons.





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2. Under the sea sensory treasure box

You will need:

Box/basket that your baby can reach into
Items found in the home that can make

sounds e.g.-

- Spoons (wooden and metal)
- Lids (plastic and metal)
- Containers like a plastic bottle or Tupperware containing items such as rice or pasta

Paint or wrapping paper to decorate
treasure box (optional)



Remember to talk to your Little one and they explore! Say things like "Wow, that makes a Loud noise" or "SHHH can you hear the soft sounds"

Method:

1. Find items mentioned above in the home that are safe for your baby to play with
2. Place them inside a box or basket and invite your baby to explore
3. Babies enjoy banging items together, so demonstrate how to make different sounds by banging different items together.
4. Talk to your baby about the objects and sounds, and sing familiar songs.



Try using your items to play a beat and sing a song! Try singing the Nanny 'n Me song or your octopus song. Your Little one may even be able to copy you!





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3. Spaghetti octopus

You will need:

Container big enough for your child to put their hands in.

Cooked spaghetti

Googly eyes or sticker eyes

Plastic sea creatures or other toys.

An area to make a mess in

Clean up cloths

Aprons and old clothes

Method:

1. Cook a few strands of spaghetti and place it in the container, with the ends draped over the sides to look like octopus tentacles.
2. Paste googly or sticker eyes on the bowl to make the octopus face.
3. Hide the toys inside the bowl under the spaghetti.
4. Encourage your baby to feel and pick up the strands of spaghetti. Allow them to explore at their own pace.
5. Show your baby the hidden toys and encourage them to find them.
6. Talk to your baby about the textures and the hidden toys. Ask “where is the toy?” and say “you found it!” or “peek-a-boo!” when they find the toy.



This is a taste-taste safe activity so don't worry if a few "octopus tentacles" make their way to our babies mouth!



For more sensory fun you can add some food colouring to your cooked spaghetti. Don't add too much otherwise your little one will get colourful hands.

