

# ADAR LAYOUT

<b>Today's Date:</b>		<b>Date on Jewish Calendar:</b>	
<i>Developing in our capacity for Joy</i>			
<b><u>First Card</u></b> – What's blocking my joy? <b>Card Pulled:</b>	<b><u>Second</u></b> —What do I need to do in order to bring more joy into my life? <b>Card Pulled:</b>	<b><u>Third</u></b> – What's my next right step in creating more joy in my life? <b>Card Pulled:</b>	
<b>Meaning:</b>	<b>Meaning:</b>	<b>Meaning:</b>	
<i>Affirmation: I am...</i>	<i>...by...</i>	<i>...so that I can...</i>	
<b><i>Journal:</i></b>			
WEEK 1:			
WEEK 2:			
WEEK 3:			
WEEK 4:			
WEEK 5:			

