Lesson 2 – Left Hand and Reading Music

Method Book I: Level I, pages 7-13

	ACTIVITY	SOURCE	DESCRIPTION
1.	Review	Teacher directed	Review from Lesson 1 - Parts of the guitar - Sitting position - Right-hand position - Right-hand rest stokes - Alternating right-hand fingers
2.	Technique Focus	Video	Left hand – (pg. 7)
3.	Individual or Group Practice	Teacher directed	Left-hand practice as needed
4.	Technique Focus	Video	Putting it All Together (pg. 13) - Combining left and right hands - Two Ds/Two Bs
5.	Theory Focus	Video	Reading Music on the Guitar I – (pg. 9 -11) - Staff - Spaces and lines - Treble Clef - B & D - Quarter and eighth notes
6.	Change of Pace/ Brain Break	Teacher directed	Watch guitar performance video and discuss with class - the 'Activities and Videos' glossary in the Resources folder has ideas and links
7.	Preview Song	Teacher directed	Check out and discuss *Ode to Joy* from Level 2 as performed by Alex De Grassi and Lead Guitar students

After completing Lesson 2 students can:

- Demonstrate ergonomic left-hand technique
- Recognize high vs. low pitch
- Understand the basics of music notation
- Read and play the notes B and D
- Recognize and clap half, quarter and eighth notes