



**astrology** & your  
**relationships**



**the moon &**  
**your needs**



*PART ONE | THE SELF*



*part one | the self*

# The Moon & Your Needs ☾

- REPRESENTS OUR INNER SELF, OUR EMOTIONAL WORLD, OUR NEEDS, OUR CRAVINGS, FUNDAMENTAL SECURITY
- WHEN OUR MOON FEELS SEEN & NURTURED, WE ARE AT OUR HAPPIEST
- KNOWING OUR MOON SIGN & ITS NEEDS CAN HELP US UNDERSTAND WHAT FEEDS OUR SOUL
- ASK YOURSELF WHAT YOU NEED IN LIFE, IT USUALLY COMES FROM THE MOON





part one / the self

# Where's your moon? 🌙

WHERE IS THE MOON IN YOUR BIRTH CHART?

WHAT'S YOUR MOON SIGN?

AS WE GO OVER THE ELEMENTS, LISTEN INTO WHAT APPLIES TO YOUR SIGN & SEE HOW THIS RESONATES TO YOUR EXPERIENCE.

USE WITH YOURSELF FIRST, THEN EXPERIMENT WITH A PARTNER (WHO GAVE YOU PERMISSION OF COURSE)

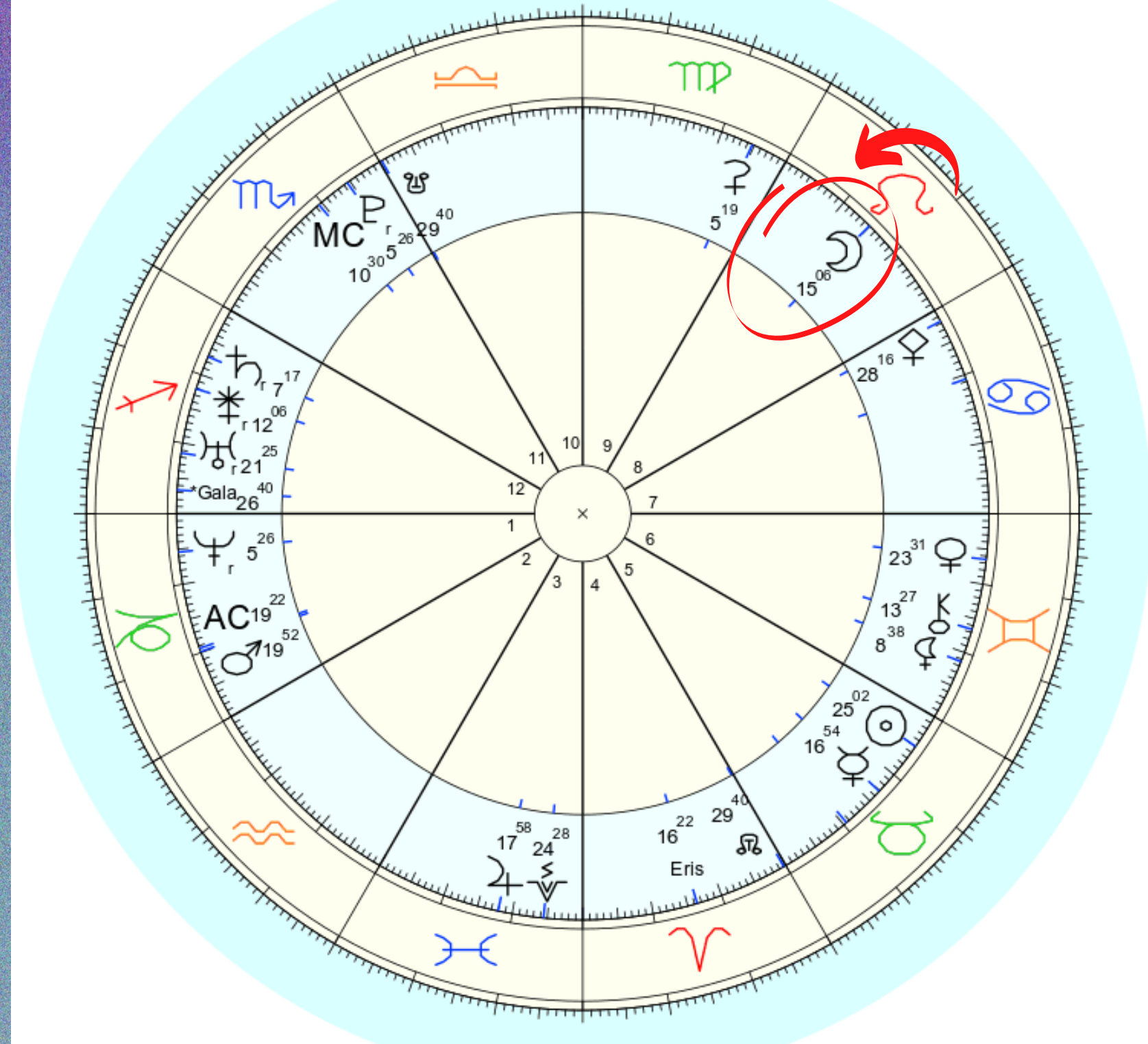
Name: ♀ Megan Fox [Adb]  
born on Fr., 16 May 1986  
in Oak Ridge (Anderson County), TN (US)  
84w16, 36n01

Time: 0:35 a.m.  
Univ.Time: 4:35  
Sid. Time: 14:32:20



Type: 2.GW 0.0-1 29-Jan-2021

Natal Chart (Method: Web Style / Whole Signs)  
Sun sign: Taurus  
Ascendant: Capricorn







# Fire Moons



EXCITABLE, CREATIVE, ENERGETIC

FUNDAMENTAL NEEDS / FUN, PLAY, EXCITEMENT, CREATIVITY,  
PASSION, ENTHUSIASM FOR LIFE, ETERNALLY YOUTHFUL

ARIES



Independence, physical activity, self-actualization, autonomy

LEO



To be authentically seen, validated, recognized.  
Romance, fun-loving energy

SAGITTARIUS



Personal freedom, adventure, lightheartedness

State Your Needs

"Thank you for making me feel special & seen."

"I love it when we do fun activities together."

"I appreciate when you bring forward my inner child."







# Earth Moons

GROUNDING, DELIBERATE, RESPONSIBLE  
FUNDAMENTAL NEEDS / STABILITY, COMMON SENSE, TIME TO  
WARM UP TO PEOPLE, SIMPLE/PRACTICAL PLEASURES

TAURUS

VIRGO

CAPRICORN



FIXED (EXHAUSTED)

MUTABLE

CARDINAL (DETRIMENT)

Sensual pleasures, stability, consistency

clarity, sense of service, organization, practicality

family connection, to feel sense of accomplishment, purpose, commitment, tradition

State Your Needs

"I appreciate it when you realize how hard I work."

"I love that we can just netflix & chill together."

"Thank you for being my rock."







# ☽ Air Moons ☽

CURIOUS, SOCIAL, WELL-CONNECTED

**FUNDAMENTAL NEEDS / FRIENDS &/OR PARTNERSHIP, INTELLECTUAL STIMULATION, BOTH SOCIALIZATION & ALONE TIME**

**GEMINI**



MUTABLE

**communication, learning, introverted & extroverted mental activities**

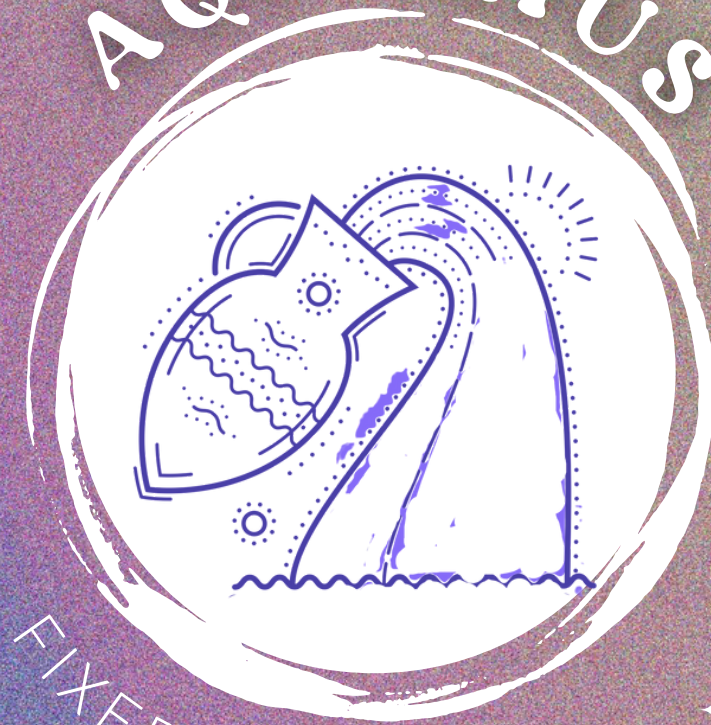
**LIBRA**



CARDINAL

**partnership (friendship, whatever it is, Libra Moon's know everything is better when you share it), sense of balance**

**AQUARIUS**



FIXED

**personal freedom, interesting or unconventional ways of being, both connection & space, feeling supported for eccentricities**

### State Your Needs

"I love that we can talk for hours and it feels like 5 minutes."

"Thank you for being my best friend, but giving me space when I need it."

"I appreciate it when you listen to all my random thoughts."





# Water Moons

SENTIMENTAL, HIGHLY INTUITIVE & PSYCHIC  
FUNDAMENTAL NEEDS / MUSHY LOVE, SAFE SPACE TO SHARE  
FEELINGS (& all need to learn boundaries)

CANCER

SCORPIO

PISCES



self-care & nourishment.  
Family Bonds. Emotional  
connection (& self-imposed  
boundaries), sentimentality

emotional depth, loyalty,  
trust, intimacy, intensity, no  
small talk

to feel cared for  
emotionally, mushy squishy  
love, true compassionate  
love & romance

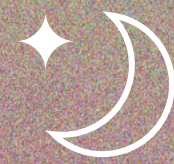
**State Your Needs**

"I appreciate it when  
you let me vent  
about all of my  
feelings."

"I love that we can  
tell each other  
anything without  
judgement."

"Thank you for being  
my shoulder to cry  
on."





# Adding Nuance...

WHERE IN THE SKY WAS THE MOON WHEN YOU WERE BORN?

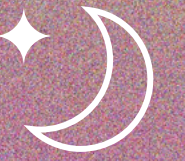
AKA, WHAT 'HOUSE' WAS THE MOON IN?

THE HOUSE PLACEMENT OF THE MOON SHOWS AN AREA OF LIFE YOU NEED TO FEEL SECURE.

NOTE: YOU NEED TO KNOW WHAT TIME YOU WERE BORN FOR THIS EXERCISE.







# takeaways

BY UNDERSTANDING OUR NEEDS & THE NEEDS OF OTHERS, WE FOSTER MORE INTIMATE CONNECTIONS AND BUILD STRONG FOUNDATIONS IN ALL RELATIONSHIPS.

WHAT RESONATED WITH YOU MOST FOR YOUR MOON SIGN?

DO YOU UNDERSTAND YOUR NEEDS MORE THOROUGHLY?

HOW CAN YOU BETTER COMMUNICATE YOUR NEEDS IN RELATIONSHIPS, OR STAND UP FOR WHAT YOU NEED?

