

Activity # 8: A Life Calling Vision Board

Inspired by Dr. Quincy Scott, Jr.

Readings: Scott, Quincy, R.J. (2014) *The Battle is Not Mine: The Life of a Black Army Chaplain During the 1960s and Early '70s*. Intermundia Press. Warrenton, Virginia.

Chapter 10 from Drakeford, D. (2017) *Inclusion: The Art of Story-Listening*

Activity	Step 1: Give each student poster board Draw six large circles in a line or in a circle on the poster.
	Step 2: Cut out a picture (or draw a picture) to represent each phase of the calling process. The process begins with Phase 1) Feel the Need, means introspection and reflection of where a person feels there is a need, lack or burden in the world. Related to the first. Phase 2) Believe in yourself, means know that you have a gift and a talent that equips you to meet the need identified in phase 1. Then Phase 3) Prepare Yourself, means study your craft and improve your gift by training, experience, apprenticeships, and both formal and inform education. Phase 4) Test assumptions (Is the energy real?), means listen to your heart and the energy you exude when doing the work or preparing to do the work. You may ask yourself, is this what I was born to do? Evaluate your life and examine if external pressures like money, recognition, duty, or others expectations are draining the energy out of your call. Does the calling make you feel alive? Then Phase 5) Confirmation, means there is a space that exist or can be created to allow you to perform your calling and begin to meet the need identified in Phase 1. Then lastly, Phase 6) Opportunity, means you are growing where you have been planted and your work is adding and multiplying rather than subtracting and dividing. This entire thinking process is depicted in chapter 10.
Discussion	How did this activity help you to more clearly see your purpose in life? What circles were hard to identify and why? What steps can you take to position yourself for your calling opportunity?