Brushability Masks - Heart Mask
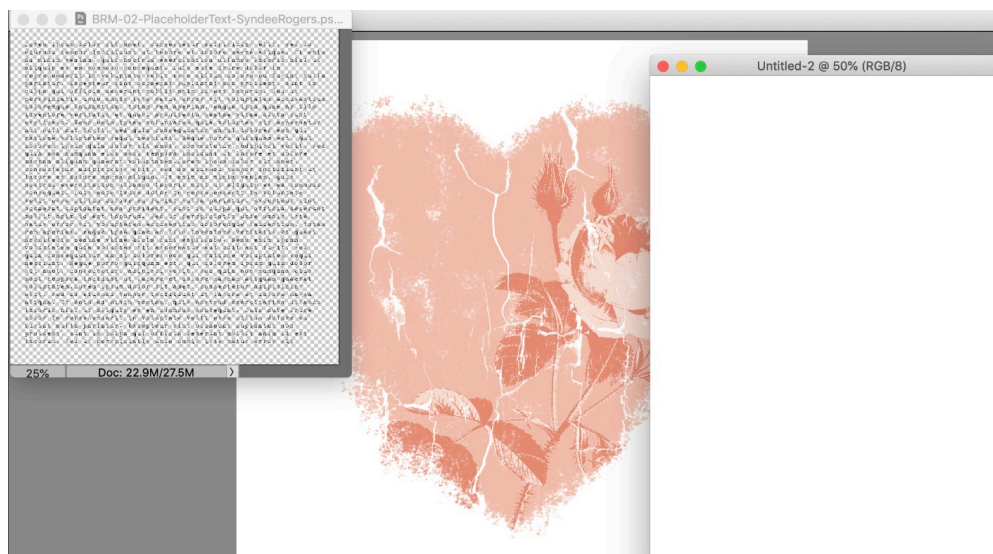**Lesson 3: Heart Mask Grungy Text Manual (Photoshop Elements)** © Syndee Rogers
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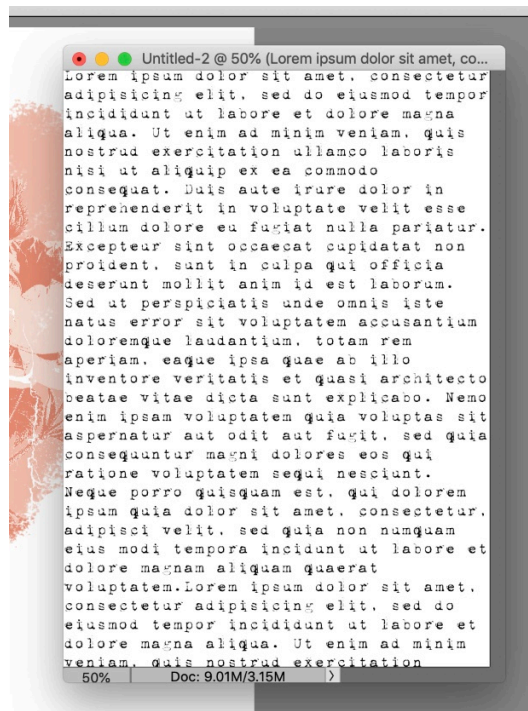In this lesson we'll complete the heart mask by creating a grungy text brush using the Brush and Type Tools.

Step One: Prepare Your Workspace

- Begin in Expert Mode of Photoshop Elements by opening the document (File > Open) that your ended with in Lesson 2 and the BRM-PlaceholderText-SyndeeRogers.psd document from the class downloads (BRM-Class-Download.zip).
- Create a 5 x 7 inch document (File > New > Blank File) at 300 ppi with a white background.
- Press the letter D to reset the Color Chips to the default of black over white.

Step Two: Add Placeholder Text

- In the Layers panel, click on the Create a New Layer icon.
- Get the Horizontal Type Tool.
- In the Tool Options, open the Font Picker and choose a grungy old typewriter style font. I'm using 1942 Report. Set the Size to 16pt, the Leading to16 pt, and the Tracking to 0%. Then click on Center align text.
- Activate the BRM-PlaceholderText-SyndeeRogers.psd document that you opened earlier.
- In the Layers panel, double-click on the thumbnail of the type layer to select it all.
- Press Ctrl C (Mac: Cmd C) to copy the text.
- Activate your blank document, and with the Type tool still activated, click and drag out a text box over the entire document.
- Press Ctrl V (Mac: Cmd V) to paste the copied text. Click the checkmark to commit.
- You can swap out the text with a poem, journaling, song lyrics or anything else you would like. But for demonstration purposes I've just used the placeholder text.

- Activate the Placeholder text document and close it.

Step Three: Create the Grunge Texture Brush

- In the Layers panel, click on the Create a New Layer icon.
- Press the letter X to swap the Color Chips so that white is now our Foreground Color.
- Get the Brush Tool.
- In the Tool Options, open the Brush Picker and choose the Dry Brush from the Default Brushes that live in the Legacy Brushes. If you don't see it, click on the menu and choose Default
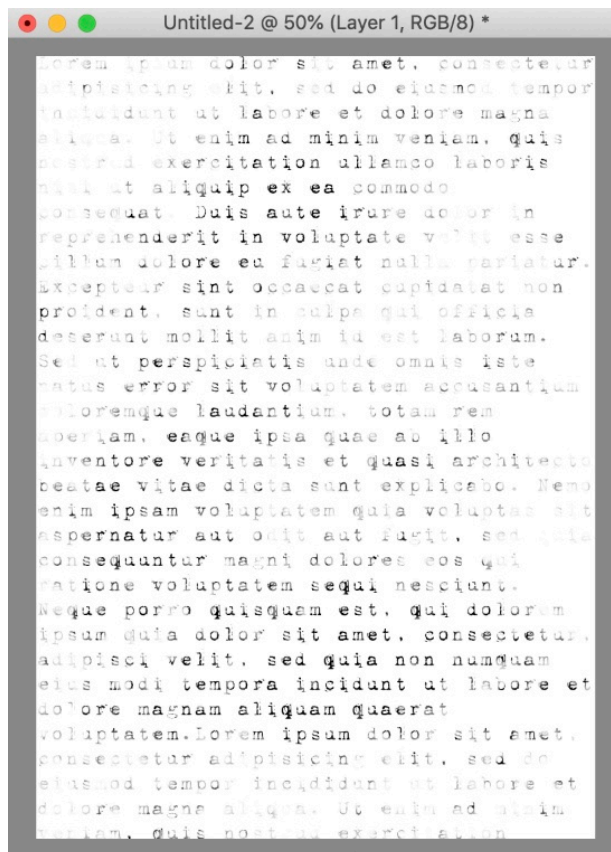
Brushes. Set the Size to 500 px, the Mode to Normal, and the Opacity to 100%. Open the Brush Settings, and set the Hue Jitter to 0%, the Scatter to 14%, and the Spacing to 37%.

Step Four: Save the Grungy Texture Brush

- Get the Brush Tool.
- Open the Brush Picker, then open the flyout menu and choose Save Brush. Name your brush, I've named mine BRM-02-03-GrungeTexture. Then navigate to your class folder for this lesson (BRM-02-03-HeartMask) and click Save.

Step Five: Add a Grunge Layer

- With the blank layer active in the Layers panel, click and drag the brush over areas of the text to grunge it up.

This method makes it appear as though areas of the text are erased. Since it's non-destructive you can change the font, size, color, and edit the text to create more brushes.

Step Six: Save the Grungy Text Document

- Save as a layered .psd (File> Save As). Give it a name, I named mine BRM-02-03-GrungyText, navigate to your class folder (BRM-02-03-HeartMask). Click Save.

Step Seven: Define the Grungy Text as a Brush

- In the Menu Bar, choose Edit > Define Brush. Give it a name, I've named mine BRM-02-03-GrungyText. Click OK.
- Close the grungy text document.

Step Eight: Add Grungy Text to the Heart Mask

- Activate the Heart Mask document with the top layer active.
- In the Layers panel, click on the Create a New Layer icon.
- With the Brush Tool still activated, open the Tool Options and set the Size to 2500 px. The Opacity to 100% and the Mode to Normal.
- On the document, right on top and on the left side of the heart, click and stamp your brush to add the grungy text.
- In the Layers panel, drag the grungy text layer down below the cracked layer to automatically clip it to the heart layer.

Step Nine: Define the Heart Mask as a Brush

- In the In the Menu Bar, choose Edit > Define Brush. Give it a name, I've named mine BRM-HeartMask. Click OK.

Step Ten: Save Your Document

- Save your heart mask document (File > Save).

Step Eleven: Test the Brush (Optional)

- Create a new 12x12 inch blank document (File > New > Blank File) at 300ppi with a white background.
- In the Layers panel, click on the Create a new Layer icon.
- Press the letter D to Reset the Color Chips to the default of Black over white.
- Get the Brush tool.
- Open the Tool Options, open the Brush Picker and choose your heart mask brush, set the Size to 2500px, the Opacity to 100%, and the Mode to Normal.
- On the document, click and stamp the heart mask brush.