



Do More of What Makes You Healthy

DISCLAIMER

The information provided in this course is for educational purposes only. It is not intended as a substitute for professional medical advice.

This course is also not meant to diagnose or treat any medical condition. I encourage you to consult with your primary care physician for diagnosis, and also to discuss any changes that may arise in your health.

The information provided from this course should complement, not replace, the advice of your health care provider.

My role as a Holistic Nutritionist, Herbalist and Wellness Coach is to educate you about holistic nutrition and wellness principles. This in turn allows you to be a guiding force behind any positive changes to your own health and wellness.

Although I believe wholeheartedly in the nutritional and lifestyle education offered in this course, I do not take nor have any responsibility or liability for any adverse effects that may arise directly, or indirectly, because of the information provided from this course.

Please use the information at your own risk & discretion.
Thank you.

SaDonna
Create Your Ritual