

Supplies List



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PAINTS

Liquitex Basics Acrylic Tube - 22ml, Set 24

1

Basics Acrylic Paint is a heavy body acrylic with a 'buttery' consistency for easy blending. This 22ml set of 24 is good for Beginners & Students. People often ask if I use oils. No. It's just these juicy acrylics!

- Bright Aqua Green
- Light Blue Permanent
- Hooker's Green Permanent Hue
- Primary Blue
- phthalocyanine Blue
- Ultramarine Blue,
- Cadmium Orange Hue
- Primary Red
- Medium Magenta
- Mars Black
- Titanium White
- Gold
- Dioxazine Purple,
- Alizarin Crimson Hue Permanent
- Brilliant Yellow Green

2

Brusto -Fluorescent Red

3

Gesso Paint

Liquitex White Gesso 237ML

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Surfaces

1

Canvas - Stretched

Primed Cotton Pre Stretched Canvas with Wooden Frame White-Medium Grain 16 X 24 Inch

2

Canvas Board

- White-Medium Grain 16 X 24 Inch

3

Canvas Sheets

Strathmore 400 Series Acrylic Pad, Linen Finish, 12"x18" Glue Bound, 10 Sheets.

Outside of canvas, I enjoy painting on paper. I have found Strathmore to be the best brand for acrylic paper. It holds the paint well with no need to gesso beforehand. Also, the linen finish adds a nice textural look.

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Rest of the supplies

1

Acrylic Pen Markers

These paint markers are great for signing your name on your paintings. I also use it for drawing fine details and adding interest to my work

2

Posca Paint Marker Pen

These markers are made in Japan and have really fresh colors. I use it for everything from adding Mandala motifs etc. or creating nice scribbles in my abstracts.

3

Varnishes

I use this varnish to seal my paintings.

- Liquitex High Gloss Varnish-8 Oz. Bottle or
- Winsor & Newton Professional Satin Varnish Spray - 150 ML or
- Liquitex 5208 Matte Varnish 8 Oz. Bottle

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Rest of the supplies

Brushes

4

For Painting

Flat Tipped Art Paintbrush Set

- Size- 4
- Size- 6
- Size-12

Round Detail Paint Brush

- Size-0
- Size-00

For Varnish

- Wide Flat wash brushes are best for applying varnishes.

5

Other Supplies

- Protective plastic sheet/old linen cloth
- Color palette/ palette sheets
- 2 set of water jars
- Pencil,
- palette knife to mix colors(optional)
- Scale,
- Roller/Sponge(optional)
- Scissor,
- Tape,
- Tracing paper/carbon wax paper,
- Compass,
- Old rag cloth, or kitchen paper towels
- Baby wipes
- Apron
- and ofcourse our mandala & yogaman Prints

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