

Introduction to Module 2: The Shift

This module is comprised of 3 lessons:

- In Lesson 4 you will learn how to create lasting change and avoid the pitfalls that hold many people back from pursuing their dreams.
- In Lesson 5 you will learn the importance of acceptance to be able to take charge of your life and begin to create the life you can envision.
- In Lesson 6 you will assess your current level of willingness to initiate one immediate change and learn the difference between external wants and the personal power you have within to create lasting and authentic change.

Click Complete and Continue to access Lesson 4.