

Illumination

Course Syllabus



By Sophiculture Ministries

Module 1:

Hear From God When You Need Him (GRACE)

- ◆ Read Module 1 Introduction
- ◆ Download the GRACE workbooks (*The Worship Handbook*, *The Guide to Hearing God's Voice*)
- ◆ Complete Unit 1: Security & Intimacy
 - ☐ Assignment 1: Notice where your thoughts come from.
 - ☐ Assignment 2: Confirm your eternal safety and make a reading plan.
 - ☐ Assignment 3: Use *The Security Strategy* when you're facing temptation.
 - ☐ Assignment 4: Map out your emotional walls.
 - ☐ Assignment 5: Use *The Intimacy Strategy* when you're facing overwhelm.
- ◆ Complete Unit 2: Purpose & Growth
 - ☐ Assignment 1: Get God's perspective on your life right now.
 - ☐ Assignment 2: Know your top 5 victory verses.
 - ☐ Assignment 3: Use *The Purpose Strategy* when you're facing confusion.
 - ☐ Assignment 4: Use your prayer phone.
 - ☐ Assignment 5: Share with someone how to hear God's voice.
- ◆ Complete Unit 3: Identity & Mastery
 - ☐ Assignment 1: Practice being still with God.
 - ☐ Assignment 2: Use *The Identity Strategy* when you're facing exhaustion.
 - ☐ Assignment 3: Picture your daily life as a perfect reflection of God's glory.
 - ☐ Assignment 4: Use *The Mastery Strategy* when you're facing weakness.
 - ☐ Assignment 5: Know how to use *The Worship Strategy Book* for spiritual warfare.

Module 2:

Watch God Write Your Story (SHINE)

- ◆ Read Module 2 Introduction
- ◆ Download the SHINE workbook
- ◆ Complete Unit 4: Write Your Story
 - ☐ Assignment 1: Write down what your life was like before your spiritual birth.
 - ☐ Assignment 2: Write down what changed at the moment of your spiritual birth.
 - ☐ Assignment 3: Write down what your life is like now that you know Jesus personally.
 - ☐ Assignment 4: Create a 3-minute testimony from what you have written.
 - ☐ Assignment 5: Make a 3-minute video of yourself reading your testimony.
- ◆ Complete Unit 5: Tell Your Story
 - ☐ Assignment 1: Create a personal evangelism strategy and do a role-play.
 - ☐ Assignment 2: Share your testimony with two people.
 - ☐ Assignment 3: Share your testimony with two more people.
 - ☐ Assignment 4: Share your testimony with two more people.
 - ☐ Assignment 5: Adjust your strategy for personal growth and consistency.

Module 3:

Nail Down Your Prayer Strategy (PRISM)

- ◆ Read Module 3 Introduction
- ◆ Download the PRISM workbooks (*The Worship Notebook*, *The Battle Plan Challenge*)
- ◆ Complete Unit 6: Get Anchored
 - ☐ Assignment 1: Know how to structure your prayer time flexibly.
 - ☐ Assignment 2: Understand the value of personal, creative worship.
 - ☐ Assignment 3: Utilize other people's experiences and leadership.
 - ☐ Assignment 4: Know how to make a reasonable request of the Lord.
 - ☐ Assignment 5: Get anchored in your identity as the one God delights in.
- ◆ Complete Unit 7: Track God's Activity
 - ☐ Assignment 1: Create a step-by-step strategy to invest your time and energy into eternity.
 - ☐ Assignment 2: Learn how to be vulnerable in your secret place with the Lord.
 - ☐ Assignment 3: Capture God's thoughts on battle cards and use them all day long.
 - ☐ Assignment 4: Practice tracking God's activity in your daily life with a prayer partner.
 - ☐ Assignment 5: Develop the skill of focusing on scriptural phrases in stressful moments.
- ◆ Complete Unit 8: The Battle Plan Challenge
 - ☐ Assignment 1: Track the results of your new battle plan.
 - ☐ Assignment 2: Practice a full spiritual warfare strategy.
 - ☐ Assignment 3: Engage outside accountability and encouragement in your war.
 - ☐ Assignment 4: Evaluate your progress and regroup for another week.
 - ☐ Assignment 5: Plan a full week of battle planning and accountability.

Module 4:

Mentor Others in Spiritual Fitness (PROBE)

- ◆ Read Module 4 Introduction
- ◆ Download the PROBE workbook: *The Life Notebook*
- ◆ Complete Unit 9: Live With Intention
 - ☐ Assignment 1: Do an annual inventory of your time, treasures and talents.
 - ☐ Assignment 2: Separate your one-time projects from your habit goals.
 - ☐ Assignment 3: Prioritize your upcoming projects to avoid burnout.
 - ☐ Assignment 4: Break each project into action steps.
 - ☐ Assignment 5: Measure your progress in Holy Spirit-led habit formation.
- ◆ Complete Unit 10: Become Accountable
 - ☐ Assignment 1: Prioritize your tasks by urgency and importance.
 - ☐ Assignment 2: Decide which tasks to delegate and defer.
 - ☐ Assignment 3: Set your boundaries and consequences.
 - ☐ Assignment 4: Renovate your budget.
 - ☐ Assignment 5: Plan self-accountability through regular reviews.

Module 5:

Fight Like a Warrior (POWER)

- ◆ Read Module 5 Introduction
- ◆ Download the POWER workbooks: *The Bible Highlighting Key*, *The Bible Word Study*, *How to Make a Bible Timeline*, *Prayersketching*
- ◆ Complete Unit 11: Organize Your Study
 - ☐ Assignment 1: Create a *Bible Highlighting Key*.
 - ☐ Assignment 2: Practice highlighting your favorite chapters in your Bible.
 - ☐ Assignment 3: Create a scripture meditation prayersketch.
 - ☐ Assignment 4: Do a *Bible Word Study*.
 - ☐ Assignment 5: Conduct your first weekly review.
- ◆ Complete Unit 12: Plan Your Journey
 - ☐ Assignment 1: Create a scripture application prayersketch.
 - ☐ Assignment 2: Make a *Bible Timeline*.
 - ☐ Assignment 3: Write a Holy Spirit-led Bible study.
 - ☐ Assignment 4: Create a plan for post-course maintenance.
 - ☐ Assignment 5: Do your weekly review and review the course.