

Reclaim YOUR Freedom Online Workshop Transcript

Lesson 5 – The Eagle’s Gift

The Eagles Gift. This is (by) Carlos Castaneda, one of my great teachers... the teachings of Don Juan.

I am already given to power that rules my fate.

And I cling to nothing, so I will have nothing to defend.

I have no thoughts, so I will see.

I fear nothing, so I will remember myself.

Detached and at ease,

I will dart past the Eagle to be free.

(Carlos Castaneda - The Eagle's Gift)

Now look at this, **I am already given to the power that rules my fate.** I'm surrendering to God, infinite wisdom, infinite intelligence. I'm already given to that power that rules my fate. In other words, I am no longer allowing the mind of man to rule my fate. I'm already given to the power that rules my fate.

And I cling to nothing, so I have nothing to defend. The things we cling to most are our belief systems and our limiting beliefs and that stuff on the board there, what is stopping you? We cling to them. They become part of our narrative, part of our story. As soon as we cling to something, we need to defend it.

“Oh no, I'm telling you right now that I certainly cannot afford that yoga studio. Believe me, it really is tough.” If we cling to it, we have to defend it... “because you have no idea what I've just been through the last year.” Okay. You've been





through it. Guess what, you're over it. Do you define yourself by that or by what you want in the future? So, I cling to nothing, so I have nothing to defend.

I have no thoughts, so I will see. That's interesting. So thoughts is our story round and round and round and round. I have all these different inner selves which results in my unhappiness. It's a thought. I have no thoughts I will see.

And that goes back straight into Eckhart Tolle's *Power of Now*, in the now there are no thoughts. He says to have thoughts is madness. Yeah and so I have no thoughts I will see.

I fear nothing, so I will remember myself. That's an interesting one. It's in that face of fear, I call it conformance, compliance, control, it's (where) I don't know who I am, because I'm taken out of myself and taken out of who I am and I don't remember who I am then.

Detached and at ease, I will dart past the Eagle to be free. The eagle here, in my feeling, is what we call the matrix, the group mind. The eagle is a symbol of the US.

The US is a very powerful place, which whilst we talk about the freedoms we have in the US, my goodness, does it also control us?

Nice. So, you can stick up your wall, whatever. I just love this thing. I keep on going back to it when I feel sorry for myself. I cling to nothing, so I have nothing to defend so why am I feeling sorry for myself? What am I defending in myself-pity? Why am I wallowing in it? Yeah?

I don't know what you're talking about exactly. Interesting, the eagle is the symbol of North America, not just the US but North America. The condor is a symbol of South America. The condor is the feminine, the eagle is the masculine. And in Native American mythology is when the eagle and the condor come together we will find peace on earth. So, the eagle is very much that clear-minded





masculine energy focus, focus, focus, eagle, eagle eye which is a masculine energy which is North America.

The Eagle and the Condor is an ancient prophecy of the Amazon that speaks of human societies splitting into two paths - that of the Eagle, and that of the Condor. The path of the Condor is the path of heart, of intuition, and of the feminine. The path of the Eagle is the path of the mind, of the industrial, and of the masculine.

The prophecy says that during the next 500-year period, beginning in 1990, the potential would arise for the Eagle and the Condor to come together, to fly in the same sky, and to create a new level of consciousness for humanity. The prophecy only speaks of the potential, so it's up to us to activate this potential and ensure that a new consciousness is allowed to arise.

Source: <https://blog.pachamama.org/the-eagle-and-the-condor-prophecy>





The Eagle's Gift

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