

# Are you the Canvas, Paint, Easel or Brush?



The Creative Assessment will help you better understand yourself and the unique Masterpiece you are. It's a creative way to self-reflect while also understanding the elements of your authentic palette. It may also provide insight into how you are perceived by others when they see your Masterpiece. The Creative Assessment may also be a useful tool in determining your ideal job and what your passion is in life. For example, do you really flourish in busy and interactive environments or are they too distracting for you to be productive?

Because most of us struggle with a healthy balance of pride and self-esteem, the Creative Assessment offers an understanding of both your strengths and weaknesses. By discovering a deeper understanding of yourself and others it can lead you to a more productive and fulfilling life and purpose. Being more self-aware can often times be a confidence lifter and offer greater emotional intelligence. After reading your results, you may find something in the results that cause you to say, "That is so me"! As humans, we like being validated as individuals. The more you know about yourself, the more you are able to live the life you were created to live, make better choices, and communicate with clarity. This understanding may also help you create balance and go after what you really want, in life, relationships, love and career.

You may think you already know who you are, but your opinion about yourself may be largely biased. Answering a couple of questions will confirm a few things you already know while revealing things about yourself you've never realized before, including your favorite things, choices you'd make, and how you'd react in different situations.

The more introspection you do, the more you'll come to understand what you're good at and what you're less good at. Because we're biased and naturally defensive, it can be difficult to accept our shortcomings. But by educating ourselves about what our negative qualities are, we can work on improving them, instead of defending them.

Some of us knew from a young age what our passion was. However, for most of us, it wasn't that easy. Ultimately, choosing a career means choosing a lifestyle. And that is a big decision. In order to make the best choices regarding the rest of your life, it would be wise to arm yourself with as much information as possible. The Creative Assessment is a great resource that may help you discover what you were created to do.

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On each line put the number “4” next to the word that best describes you in the line; a “3” next to the word that describes you next best; a “2” to the next best word, and a “1” by the word that describes you the least. On each horizontal line of words, you should have one “4”, one “3”, one “2” and one “1”. For example:

<u>3</u> Likes Control	<u>4</u> Energetic	<u>2</u> Sensitive	<u>1</u> Likes Instruction
1. ____ Likes Control	____ Energetic	____ Sensitive	____ Likes Instruction
2. ____ Takes Charge	____ Takes Risks	____ Very Loyal	____ Accurate
3. ____ Strong-willed	____ Visionary	____ Calm Even Keel	____ Consistent
4. ____ Enterprising	____ Very Verbal	____ Enjoys Routine	____ Predictable
5. ____ Competitive	____ Promoter	____ Dislikes Change	____ Practical
6. ____ Problem Solver	____ Enjoys Popularity	____ Gives In To Others	____ Factual
7. ____ Productive	____ Fun-Loving	____ Avoids Confrontation	____ Conscientious
8. ____ Bold	____ Likes Variety	____ Sympathetic	____ Perfectionist
9. ____ Decision Maker	____ Spontaneous	____ Nurturing	____ Detail-Oriented
10. ____ Persistent	____ Inspirational	____ Peace Maker	____ Analytical
<b>Use the space below to total up the numbers in each vertical column</b>			
____ Total	____ Total	____ Total	____ Total

Name \_\_\_\_\_



So, are you a: Canvas, Paint, Easel or Brush?

Transfer your total scores from the bottom of the assessment columns to the totals at the bottom of this sheet. Your high score represents your dominant trait and the lowest score your least dominant trait. We all have a little Canvas, Paint, Easel or Brush in each of us. Your dominate trait is how you might normally respond in most situations.

Canvas	Paint	Easel	Brush
"Gallery Wrapped"	"Acrylic	"A Frame"	"Stroke"
Likes Authority	Enthusiastic	Sensitive Feelings	Likes Instruction
Takes Charge	Takes Risk	Loyal	Accurate
Determined	Visionary	Calm Even Keel	Consistent
Enterprising	Very Verbal	Enjoys routine	Predictable
Competitive	Promoter	Likes Change	Practical
Problem Solver	Enjoys Popularity	Gives in to others	Factual
Productive	Fun Loving	Avoids Confrontations	Conscientious
Bold	Likes Variety	Sympathetic	Perfectionist
Decision Maker	Spontaneous	Nurturing	Detail Oriented
Persistent	Inspirational	Peace Maker	Analytical
Totals Below	Totals Below	Totals Below	Totals Below



Email a copy of this sheet to [Info@Mimosa-Masterpiece.com](mailto:Info@Mimosa-Masterpiece.com) to receive your results. You will also receive your results mailed to home address.