**A Curriculum of Care and Respect for Infants Workbook**

**Respect:**

**Take some time to reflect and jot down some ideas on what respect means to you.**

**Reflect – How did the readings resonate with you? Did you agree or disagree?**

**Why?**

**What does respect look like when interacting with team members?**

**What does respect look like when interacting with parents and whanau?**

**What does respect look like when interacting with children?**

**Teacher Well-being:**

**Reflect what part does teacher well-being play in a curriculum for infants?**

**Why do you think it is important or unimportant?**

**Read "Why you should be your priority"**

**How does this resonate for you?**

**How can you practise better self-care?**

**How can you support the well-being of the other teacher's in your team?**

**Settling New Children:**

**How do you currently welcome new children and families into your setting?**

**Do you have a policy for inducting new families?**

**Do you appoint a “key person” or primary caregiver to new children to your setting?**

**What is your current policy on transitional items for the infants in your setting?**

**Primary Caregiving:**

**What does the term primary caregiver mean to you?**

**What are some of the barriers to effective primary caregiving?**

**For teachers**

**For parents**

**Pikler Principles**

**How can you implement “Full Attention” in your practice?**

**How can you implement “Slow Down” in your practice?**

**How can you implement “Build Trust and Your Relationship During Caring Activity Times” in your practice?**

**How can you implement “With” and not “To” in your practice?**

**How can you implement “Free Movement” in your practice?**

**How can you implement “Allow Uninterrupted Time for Play” in your practice?**

**How can you implement “Tune Respectfully into Infant’s Cues” in your practice?**

**Reflect:**

**How will you implement what you learnt in this workshop in your own practice?**

**•Perhaps you would like to pick one of these principles and intentionally implement it into your practice over the coming weeks.**

**•Does it reinforce some of what you already know?**

**•What will you do differently?**