Worksheet 01: Protect yourself

Finances - Action	Items (What action do you need to take to protect your finances?):
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Insurance - Action	on Items (What action do you need to take to protect your insurance
Insurance - Action needs? Consider h	on Items (What action do you need to take to protect your insurance lealthcare, life insurance, short and long-term disability.)
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Identify available resources - Action Items	
Examples: Severance / outplacement services, unemployment insurance, workforce center	