

HOW TO HANDLE INSULTS AND RIDICULE

Building A Better Future – Part 6

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19-20 June 2021

Nehemiah 4:1–23

5 Ways the Opposition Tried to Stop Nehemiah's Work

- They used RAGE Nehemiah 4:1, 7
- They used RIDICULE Nehemiah 4:1–5
- They used RACISM AND RESENTMENT Nehemiah 4:1–2, 12
- They used RESISTANCE Nehemiah 4:7–8, 10
- They used RUMORS Nehemiah 4:12

HOW PEOPLE WILL TRY TO STOP YOU WITH RIDICULE

1. **PEOPLE WILL ATTACK YOUR _____ AND IDENTITY**
 “When Sanballat heard we were rebuilding the wall, he became very angry. He flew into a rage and ridiculed the Jews. To his allies and the military of Samaria he said, ‘What does this pathetic bunch of feeble Jews think they’re doing?’”
 - Nehemiah 4:1–2a
2. **PEOPLE WILL ACCUSE YOU OF EVIL MOTIVES**
 “They said, ‘What are you doing? Are you rebellious against the king?’”
 - Nehemiah 2:19b (NCV)

 “Are they going to restore it for themselves? . . .” - Nehemiah 4:2b (NAS)
3. **PEOPLE WILL EXPLOIT _____ AGAINST YOU**
 “When Sanballat the Horonite, and Tobiah the Ammonite, and Geshem the Arab heard of our plan, they made fun of us and laughed at us.”
 - Nehemiah 2:19a (NCV)

 “When Sanballat, Tobiah, the Arabs, the Ammonites, and the Ashdodites heard the repairs had started, they were very angry and plotted together . . . to stir up trouble against us.”
 - Nehemiah 4:7–8
4. **PEOPLE WILL MAKE UP LIES AND STORIES**
 “Those who want to hurt me plan trouble for me; All day long they think up lies. . . . They repay me with evil for the good I’ve done, and they lie about me because I try to do good.”
 - Psalm 38:12, 20 (NCV)

 “Do they think they’ll finish the wall in a day and then offer sacrifices to their god?”
 - Nehemiah 4:2c
5. **PEOPLE WILL _____ YOUR FAILURE**
 “Do they think they can bring burned up stones back to life from those heaps of rubble and rubbish?”
 - Nehemiah 4:2d

“Then Tobiah, who was standing close by, joined in: ‘Right! What they’re building is so weak, it will collapse if just a fox tries to walk on that wall!’” - Nehemiah 4:3

HOW SHOULD I HANDLE RIDICULE AND INSULTS?

1. TELL GOD HOW IT UPSETS ME

“So I prayed: ‘God, you can hear how they are making fun of us. Let their insults just fall back on their own heads and may they themselves become captives in a foreign land! Don’t ignore their guilt, because they have thrown insults in the face of the builders.”
 - Nehemiah 4:4–5

2. CONFIDENTLY STATE THAT MY _____ IS IN GOD

“I answered them, ‘The God of heaven WILL give us success. We are his servants and we will start rebuilding!’”
 - Nehemiah 2:20a (NIV)

“Arrogant people mock me cruelly, but I do not turn away from your teachings!”
 - Psalm 119:51 (GW)

3. BE BETTER THAN THOSE WHO INSULT ME

“Dear friends, never avenge yourselves. Leave that to God. For it is written, ‘I’ll take vengeance and I’ll repay those who deserve it,’ says the Lord. Instead, do what the Scriptures say: ‘If your enemies are hungry, feed them. If they’re thirsty, give them something to drink, and they’ll be ashamed of what they’ve done to you.’ Do not be overcome by evil, but overcome evil with good.”
 - Romans 12:19–21 (NLT/NIV)

“Don’t do something wrong to repay a wrong, and don’t insult back to repay an insult. Instead repay it with a blessing. You’re called to do this so that you’ll get a blessing!”
 - 1 Peter 3:9 (NCV)

4. MAKE GOD MY _____ BY TITHING

Give the first 10% of my income back to God and claim his promise!

God: “Bring the best of the FIRSTFRUIT of your harvest to the House of the Lord. . . . If you do what I say, I’ll be an enemy to your enemies and I’ll oppose those who oppose you!”
 - Exodus 23:19, 22 (NIV)

5. REMEMBER I'LL BE REWARDED FOREVER

“Blessed are you when people insult you, or persecute you and falsely say all kinds of evil against you because of me. Be glad because your reward will be great in heaven!”
 - Matthew 5:11–12a (NIV)

“So, my dear brothers and sisters, be strong and steady, always enthusiastic about the Lord’s work, for you know that NOTHING you do in service for the Lord is ever worthless!”
 - 1 Corinthians 15:58

如何應對侮辱與嘲諷

建立更美好的未來 - 第六部

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尼希米記 4:1-23

反對者試圖攔阻尼希米的工作的五種方式

- 運用憤怒 尼希米記 4:1-7
- 運用嘲諷 尼希米記 4:1-5
- 運用種族主義和仇恨 尼希米記 4:1-2,12
- 運用抵抗的手段 尼希米記 4:7-8,10
- 運用謠言 尼希米記 4:12

人們會如何試圖以譏諷來攔阻你

1. 人們會攻擊你的_____和身份

“參巴拉得知我們在重建城牆，就非常生氣。他大發雷霆，嘲諷猶太人，他在自己的朋友和撒馬利亞軍官面前說：「這一幫可憐軟弱的猶太人想幹甚麼？」”

- 尼希米記 4:1-2 上 (新普及譯本)

2. 人們會指控你心懷不軌

“（他們）說：「你們在幹甚麼？你們要背叛王嗎？」” - 尼希米記 2:19 下 (新譯本)

“他們是為了自己而重建城牆嗎？”

- 尼希米記 4:2 下 (NAS 意譯)

3. 人們會利用對你的_____

“但和倫人參巴拉和…亞捫人多比雅，以及阿拉伯人基善聽見了，就譏笑我們，藐視我們。”

- 尼希米記 2:19 上 (新譯本)

“參巴拉、多比雅、阿拉伯人、亞捫人、聽見工程着手進行了就甚發怒。大家同謀…要來攻擊耶路撒冷，使城內擾亂。”

- 尼希米記 4:7-8 (和合本/意譯)

4. 人們會捏造謊言和故事

“謀害我的人設下陷阱，整天圖謀奸計。…他們以惡報善，我追求良善，他們就誣陷我。”

- 詩篇 38:12, 20 (當代譯本/NCV 意譯)

“他們以為可以在一天之內建起城牆來，然後向他們的神獻祭嗎？”

- 尼希米記 4:2 (意譯)

5. 人們會_____你的失敗

“難道他們真的認為垃圾堆裏那些又焦又黑的石頭仍然用得着嗎？”

- 尼希米記 4:2 (新普及譯本)

“他身旁的多比雅附和說：「他們建的石牆那麼薄弱，一隻狐狸上去就能踩倒！」”

- 尼希米記 4:3 (當代譯本/NCV 意譯)

我如何應對嘲諷和侮辱？

1. 告訴上帝這令我多麼難過

“我禱告說：「上帝啊，聽他們在譏笑我們！叫他們的譏笑落在他們自己的頭上吧！讓他們像囚犯一樣被擄到外國去。求你不要忘了他們的罪惡，因為他們侮辱了我們這些正在修建的人。」”

- 尼希米記 4:4-5 (意譯)

2. 充滿信心地說：我_____上帝

“我回答他們說：「天上的神必使我們成功；我們是他的僕人，我們要起來建造。」”

- 尼希米記 2:20 上 (新譯本)

“驕傲的人苛刻地譏諷我，但我卻絕不偏離你的訓誨。”

- 詩篇 119:51 (新譯本/新普及譯本)

3. 要優於那些侮辱我的人

“親愛的朋友，絕不要自己報仇，要把它留給上帝的義怒。因為聖經上說：「上主說：『我會報復，會讓他們得到報應。』」相反，要按照聖經所說：「你的仇敵餓了，就給他們食物吃；渴了，就給他們水喝。你這樣做，會使他羞慚交加。」不要讓惡勝過你，倒要以善勝過惡。”

- 羅馬書 12:19-21 (新普及譯本/現中修訂版/意譯)

“不要以惡報惡，以辱罵還辱罵，反而要祝福，因為你們蒙召就是為此，好使你們承受福氣。”

- 彼得前書 3:9 (新漢語譯本)

4. 透過十一奉獻來讓上帝成為我的_____

把我收入的首 10% 獻給上帝，得着祂的應許！

上帝：“要把第一批收穫中最好的送到上主你上帝的殿裏…你如果…遵行我一切的吩咐，我就會跟你的仇敵為敵，對抗那對抗你的人。”

- 出埃及記 23:19, 22 (新普及譯本)

5. 緊記我將永遠得到獎賞

“人若因我辱罵你們，逼迫你們，捏造各樣壞話毀謗你們，你們就有福了。應當歡喜快樂，因為你們在天上的賞賜是大的。”

- 馬太福音 5:11-12 上 (和合本)

“我親愛的弟兄們，你們務要堅固，不可搖動，常常竭力多做主工，因為知道，你們的勞苦在主裏面不是徒然的。”

- 哥林多前書 15:58 (現代標點和合本)