

## Target/Touch



(Remember the “5-times” rule. Kitties should follow the step that you are on unhesitantly 5-times-in-a-row before moving to the next step.)

- Put some soft food on the end of your target.
- Hold the end of the stick at nose height 1 to 3 inches from your cat.
- As soon as they touch the stick with their tongue or nose, click your clicker and let them eat the food. (Don't move the stick towards them; they have to make the touch all by themselves!)
- Do this a few times in a row until your cat consistently touches the end of the target stick with their nose.
- This time, don't put any food on your target. Hold it in front of your cat and let them touch it with their nose, then click and treat.
- Once they master this, you can say "Target" or "Touch" before you present the target.
- Slowly start to move the target further and further away from your cat so they have to take a step to touch it, then a few steps, then a full stroll, and then one day a full jump!