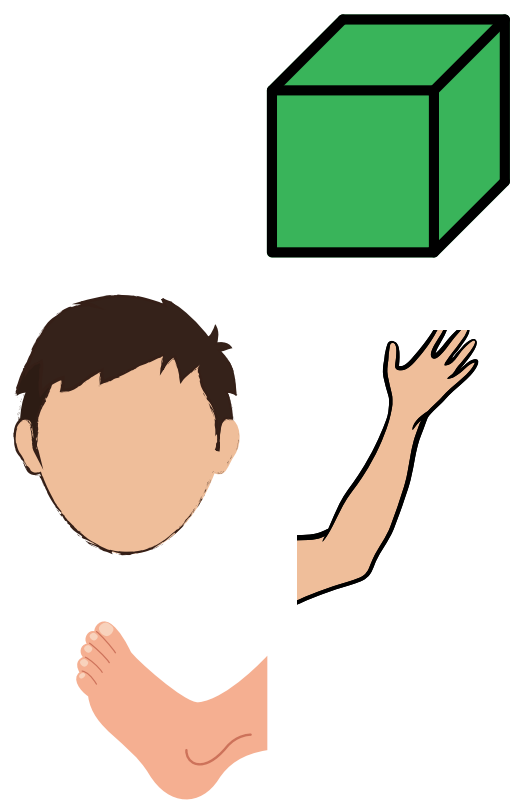


# Toddler Main Activity

## Hands on at Home Blocks and String

We are going to be using our thinking brains and have fun identifying body parts while using blocks and string.



### You will need:

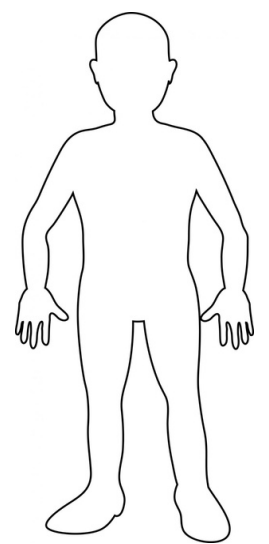
1 square block  
String

Pictures of body parts (arm, leg, hand, foot, tummy, head)

Picture of full body  
(printed/drawn/magazine/photograph)

Stickers or marker (optional)

Prestik or glue



### Method:

1. First talk to your little one about his/her body parts. Ask “where is your arm?” or point to the arm and ask “what is this?” Do this for a few body parts, to get your little one familiar with what you are going to do
2. Gather pictures of body parts – draw, cut out of a magazine or print pictures
3. Stick one picture on each side of your block  
This will make a “body part dice”
4. Let your little one “roll the dice” and see what picture it lands on
5. If it lands on an arm, ask “where is that?” when s/he points to it, you can tie a piece of string around his/her arm. Get your little one to shake that body part and move it around!
6. Carry on doing this until you have got pieces of string around all 6 different body parts



### ✓ Activity Tip:

**Upgrade** – get an outline of a body. You can get an outline from a magazine or a photograph you have at home. An outline can also be drawn or printed from our PDF. Then add stickers to the matching body part after you tie the string around that body part.

**For example:** roll the dice, dice lands on arm. Ask little one to identify arm on him/herself and tie string on his/her arm. Then identify the arm on your body picture. Lastly, stick a sticker/mark an x on the arm on the paper.



Nanny 'n me  
growing together