



THE PILLAR CODE

TRANSFORMING LIVES, MINDS & BUSINESSES

PREP SCRIPTING

MASTER

TREATMENT EXPLANATION EXAMPLES

PREP One - Introduction Scripting

Today we are doing your PREP 1. PREP is short for preparation and is preparing you to go into the initial stage of The Pillar Code.

PREP is also an acronym for - Progress Repair and Energy PILLAR, for everything that we are doing is about lifting you into being the Pillar of strength and resilience in your own life.

- P for Progress because a PREP is where we get your starting point with what we call a Fix-It List and then we use that fix-it list as a point of reference to track your progress within The PILLAR Code journey;
- R for Repair because our PREP's are big appointments looking at what is required to be repaired;
- E for Energy because this is where we start to shift your energy and lift you into being resilient and not reliant;
- P for PILLAR because every appointment that you do in The Pillar Code journey is a different PILLAR or Universal steppingstone.

PILLAR is also an acronym that stands for:- Peace Instilled Links Love Attunement and Repair.

In other words every step of the way we are looking at removing the stresses in your Life, Mind and Body to gain – Peace which then enables you to Link into Love (or healing), Attunement because it is re-calibrating your path and repair because this is a journey of healing, but excitingly it is also a journey that gives a renewed look into the future that you are choosing.

We are going to start with your Fix-It List. We call it this because we are going to put down everything in your Life, your Mind and your Body that requires fixing. This is the one time, in our PREP's, that we speak of everything in the negative because it is a starting point.

I am going to ask you for everything that is in your world that you would like to fix in your Life, your Mind and your Body. You can give this to me in any order and then I have questions that I would also like to ask you so we have a comprehensive list of everything that is going on in your world.

As an example, if sleep is an issue we don't just write down sleep because after PILLAR Four we come back and address this so we need to know what is broken with your sleep. I.e. do you find it hard to get to sleep? To wake up from your sleep? Do you have a restless sleep? Etc.

We need to have the exact information so we can use this as a point of reference when we come to do PREP 2 and PREP 3, halfway through and the end of the Foundation Program.

We have around 10 to 15 minutes to take down this list. I will then be doing some testing and then will explain your messages from your PREP testing, will do the energy to clear the blocks and to assist you with you beginning PILLAR One next week and answer any questions.

Do you have any questions?

So, where would you like to begin?

Practitioner: Then take the Fix-It List on the form provided, remembering to fill in all the questions on the second page).

PREP 2 onwards - Introduction Scripting

Today we are doing your PREP 2 (3 / 4...).

As a reminder, PREP is short for preparation and is preparing you to go into the next stage of The Pillar Code.

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We are going to start with looking at the Fix-It List that we did in PREP 1 on (insert date). I am going to read out the list one at a time and I'd like you to give me your Progress Report – another meaning for 'P.R.' in the PREPS's.

PREP TESTING RESULTS SCRIPTING

An Example on how to explain the start of your PREP testing

I am about to explain what has come up in your PREP testing. There is a lot of information here that I don't expect you to take in or remember. Having the recording gives you the opportunity to go back to this at any time.

In today's PREP (1 /2 /3) everything that I'm about to tell you, that has come from today's testing and which has the greatest impact upon your fix-it list, is coming from either your:- Global, Universal, External, or Internal Levels.

- The global layer is the illusionary outer layer of our life;
- The universal layer is your path your purpose and your direction;
- The external layer is the people and the things in your world; and
- The internal which is where we like to get to, is that internal sense of self the true essence of you.

Today's testing has come up showing that you are sitting in the (*Global / Universal / External / Internal*) Level which means (*read the Level meaning*) therefore everything from this point forward in regards to this PREP is connected to this particular Level.

And everything that I am about to tell you is sitting in your:
Conscious Level / Upper Subconscious Level / Lower Subconscious / Level Unconscious Level / Parental. (Explain what it means)

What is blocking your healing or clearing, is what we call a Condition. Like placing a Condition on Love, when we are really seeking un-conditional Love. Placing a Condition on the ultimate healing, where we are really after unconditional healing, and an unconditional choosing, is blocking your journey forward.

The condition that has been blocking you from progressing past these things on your Fix-It List is the Condition (*say the condition*):-

1. Hidden Anger
2. Despair
3. Disconnect
4. Void (Avoidance)
5. Fear
6. Block
7. Apathy (Acceptance of the Negative)
8. Illusion (Over loss of Control)
9. Turmoil

Polarity (*only mention this if a Polarity comes up in testing, if not move on*)

You have a Polarity of your *Mind / Body / Soul* which means that it is doing the opposite of what it is meant to. Like a light switch or car engine that won't turn on when we need it to or won't turn off and burns up energy needlessly.

The overall emotion connected to your PREP and impacting you is: _____ on the:-

- Internal (how things impact you personally, internally)
- External (the people or things in your world)
- Universal (the path purpose or direction, Universal impact).

When we are taken off track it comes from our Minds negativity. Your Mind emotion that takes you off track is _____ on the:-

- Internal (how things impact you personally, internally)
- External (the people or things in your world)
- Universal (the path purpose or direction, Universal impact).

Does this make sense to you?

FOGS are negative energies exaggerating the negative in our lives, minds and bodies. You have a FOG we call _____ which is (explain what that FOG represents)_____.

In The Pillar Code, PAIN is an acronym for Pleasure Attained In the Negative. This is like an energetic splinter creating Pain in either your life, mind or body. You have a Pain in your *life / mind / body* - which is connected to Condition _____, meaning (explain the Condition meaning linked to where the Pain has been identified).

Does that make sense to you?

Note: When explaining the PREP's you do not have to tell your client every test result from this point forward if it is overwhelming for your client. However make sure you conclude with the Overall Stage, Pillar and where it is affecting their body process. It is really important that the client has a recording of this so they can go back and re-listen.



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