Sufi Dance of Oneness
with Banafsheh

Menla Online
April 10, 2021

Poetry

Look and see love blending with lovers.
Look and see spirit blending with the earth bowl.

How long will you say this and that, good and bad?
Look and see, at last, this and that blending.

How long will you speak of the seen and the unseen?
Look and see, the unseen blending with the seen.

How long will you speak of this world and that world?
Look and see, that world blending with this world.

The heart is the ruler, it speaks and the tongue translates.
Look and see, the ruler blending with the translator.

Come and blend, for it is for our sake
that the Earth is blending with the sky…

- Jalaleddin Rumi

Music List

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