



#### **Part 4: The Magic Wand of Change**

This is an introduction to a dynamic tool that we will use continuously for the rest of the series. Your life occurs 'in the trenches', with your family, in your relationships, at work. And that's where you need tools that actually work and that give you the capacity to change things. This tool allows you to go to wherever you created a limitation in your life and changes it almost as if by magic. It changes wherever you gave up on possibilities, because your natural state is one of possibilities. Your natural state is one of happiness. Your natural is one of ease.

What if you could walk right through the limitations in your life? And have it be easy? Not only will this create lasting and profound change for you, but also for the people around you that you love and care about. Let's jump in and explore this tool called 'the clearing statement'.

#### **Homeplay**

For every area in your life that is not working, or not the greatness that you know it could be, you can play with using the clearing statement. You can do this in 2 ways.

- 1) To clear away anything that is limiting you or creating something you do not want to create in your life. *You can use it by saying, "Everything that creates this as my reality, I destroy and uncreate it. Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds". And you can just use the word 'this' for that 'yuck' that is being created, or you can fill in the blank with something specific like 'this money situation', 'this relationship', 'this business', etc.*
- 2) To invite new possibilities into to your life. *Think of something you would love to see show up in your life - a new relationship, more travel, a new place to live. And then you can ask (with the wonder and curiosity of a child), "What would it take for \_\_\_\_\_ to show up? And everything that doesn't allow it, I destroy and uncreate it. Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds". And you don't have to just come up with one thing - you can ask for as many possibilities as you can imagine!*

