# 2022-2023 INFANT NUTRITION ESSENTIALS

Improve skills. Gain confidence.

A six-month comprehensive course starting November 1st, 2022.

# • 100% virtual

Approved for 25 CPEUs with CDR

COURSE HIGHLIGHTS

- 8 hours of video modules
- Twice monthly live Q&As
- Monthly live case studies
- Recordings for all live events



#### **Growth Assessment**

Choose the right growth chart, interpret trends, spot red flags and extract valuable information to point your nutrition intervention in the right direction.



#### **Concentrating Feeds**

Feel confident with every step of the math to concentrate expressed breast milk, infant formula, including the use of modulars.



#### Pediatric Malnutrition

Determine the severity, the chronicity and the etiology of malnutrition. Address, prevent and correct negative effects of malnutrition on developmental and intellectual function.



#### Infant Assessment

Arm yourself with probing questions to ask parents/caregivers, tips for introduction of solids and baby lead weaning/feeding. Starting with evidenced requirements - all in the same place.



#### Breastmilk & Formula

Breastmilk is best, but it's important to understand categories of formula and their indications. Be equipped with the knowledge to handle those "what do you think about this formula?" questions.



## Infant Allergy Update

You'll be sure to have the latest information at your fingertips including mechanism of food allergy, testing options, allergy prevention and introduction of allergens.



#### **Preterm Nutrition Basics**

Ensure you're up-to-date on growth, malnutrition and preterm requirements. Enhance your knowledge of common issues that affect neonates and strategies to enhance your nutritional interventions.



#### **OT Feeding Perspective**

Gain an understanding of what an OT is looking for in terms of readiness to feed, signs that aspiration may be occurring, and if an infant is a functional feeder who is meeting milestones.

Waitlist Pre-Sale: \$399 (by Sept 14th) | Webinar Deal: \$499 (by Sept 29th) | Early Bird: \$549 (by Oct 20th) | Full Price: \$649 (by Oct 27th)

## ABOUT US

Julie Larocque and Charlene Kennedy are pediatric dietitians and co-founders of Nutrition Masterclass. Sharing their evidence-based and practical knowledge, you'll receive the tools you need to increase your confidence and provide families with advice that makes a difference.

