

Week 1

Wild
Hearted
Words

A scenic mountain landscape with a large heart overlay and a central text box. The background shows a valley with a lake, surrounded by snow-capped mountains and dense evergreen forests. A large, semi-transparent heart shape is centered in the upper half of the image. In the center, there is a semi-transparent rectangular box containing the text "What's Your Superpower?".

*What's Your
Superpower?*

Week 1

WHAT DID YOU ENJOY DOING WHEN YOU WERE YOUNG?

What did you like doing when you were young,
without a care in the world?

What did you do where you simply "lost time" reveling in it?

What did you love doing before judgment came into your
awareness?

Week 1

**WHAT BRILLIANT THING
CAN YOU CAN DO THAT
COMES NATURALLY TO
YOU?**

YOU have a skill that comes naturally to you, but which others may struggle with. YOU have a skill you don't even have to think twice about. YOU have a skill people compliment you on all the time, or they seek you for advice on.

What is that skill?

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**WHEN YOU DROP INTO
YOUR HEART, WHAT IS THE
CALLING YOU KNOW YOU
CANNOT DENY?**

Ever since you were young, you know you've had a greater purpose in this world. Perhaps fear, doubt, or life circumstances have moved you far from the Light you know you are meant to shine.

What is that brilliant calling within for you?

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**TEN YEARS FROM NOW,
WHAT WOULD YOU HAVE
WISHED YOU HAD DONE
TODAY?**

Every decision you make in this present moment will impact the ones to come... this can be both an empowering and scary truth. If you were to look at your life ten years from now, what decision or action would you have wished you made today to create the life you'd love in the future?

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DRAW A LITTLE. WRITE A LITTLE. BREATHE A LOT.

Explore through the power of creativity and words. If you were to imagine that you had a unique superpower and were called upon to save the world, what would your superpower be? What would your emblem look like? What would the people call you? What is your one weakness? And, how would you want to be remembered?

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WILD HEART, WHAT'S
YOUR SUPERPOWER?

