

Lesson Plan 1 – Introduction to the Guitar

Lead Guitar Level I

Method Book I, page 5 - 8

	ACTIVITY	SOURCE	DESCRIPTION
1.	Introduction	Teacher of Record (TOR)	Establish classroom procedures - Process for getting guitars and foot blocks, how to access online meetings, checking out guitars
2.	Welcome to Lead Guitar	Video	Lead Guitar Welcome Video
3.	Parts of the Guitar	Video	Parts of the Guitar Video (pg 5, MB I)
4.	Sitting position	Video	Technique Video 1 – Sitting Position (pg 6, MB I)
5.	Individual or group practice	TOR led Student activity	Sitting position practice as needed
6.	Right hand set up and first rest strokes	Video	Technique Video 2 – Right Hand Set-up (pg 8, MB I)
7.	Individual or group practice	TOR led Student activity	Rest stroke practice as needed
8.	Walking on the 2 nd String –	Video	Technique Video 3 – Walking on the B String - Alternating fingers
9.	Change of pace/ Brain break	TOR	Watch guitar performance video and discuss with class - the ‘Activities and Videos’ glossary in the Resources folder has ideas and links
10.	Review	TOR	Sitting position, rest strokes, parts of guitar

After completing Lesson 1 students can:

- Identify the parts of the guitar
- Play in an ergonomic sitting position
- Establish a good right-hand position
- Play rest strokes with right-hand i and m fingers using good technique

Lead Guitar meets National Arts Standards in the areas of General Music, Ensemble and Harmonizing Instruments. Refer to the ‘Arts Standards and Lead Guitar’ PDF in the Resources folder for an overview and detailed list of standards addressed by level.