



I wouldn't be where I am today, without Analisa's coaching. Analisa has helped me uncover my passion and step into a whole new world as a health coach. I've always loved helping people, and I've always been a doer, but Analisa helped me take that to a whole new level by daring to dream bigger, and step out of my comfort zone. My daily routines, and every day life have become much more exciting and enjoyable.

-Angie Wright Allen, Health Coach, Professor & Administrator,
Indiana, USA

