Instructions

Great job, parents! Be proud of yourself for being intentional about training your children's mindset. You are leading them to the right direction -- **KEEP GOING!**

1) Use this like any other questionnaire. After watching each class, refer to this document and reflect on the corresponding question.

2) Write or type your answers on the designated space. Avoid **short answers** - always give an explanation, description, or narration.

3) Share your answers to the family member you watch the classes with, or to your accountability partner.

As you answer the following questions, we hope you learn something new about yourself AND identify which of your beliefs need to be replaced by positive ones.

Always grateful,

Ryan & January

"Rise up to your greatness"

Lesson 1:

WHAT IS YOUR ULTIMATE GOAL?

How do you plan to achieve it?

Lesson 2:

Which of your

POSITIVE BELIEFS

do you want to pass on to your children? Why?

Lesson 3:

What is the

GREATEST LESSON

you learned from life that was never taught to you in school?

Lesson 4:

What standard do you want to

IMPLEMENT

in your own home?
Why do you think it is important?

Lesson 5:

What is your

SCRIPT

in your own home? Why do you think it is important?

Lesson 6:

Identify one of the

DAMAGING STATEMENTS

you frequently use and provide a

POSITIVE STATEMENTS

as its replacement.

Lesson 7:

What NEGATIVE BEHAVIOR

has your child learned from environments outside your home? How can you help them change it?

Lesson 8:

Describe the kind of environment you have at home. Is it

CONDUCIVE

for your child's growth?