

Live with Purpose:
"With a purpose inspiring
abundance, courage, and
discipline, you can refuse to
cater to a culture of scarcity
and competition."



BREAKING THROUGH: LIVE WITH PURPOSE

Ready for a #fullhearted breakthrough?

- The words that come up when I think of my purpose are...
- The first step I can take to grow my anchor is...
- The people who help me heal and replenish when I need a harbor are...

Do it.

Craft a one-sentence purpose with a worksheet provided and get support and feedback from several trusted colleagues/friends.

That one thing...

- What line or concept do you want to delve deeper into and why?
- What is the first small, significant step to do this?

CREATIVE OPPORTUNITY:

- CREATE A VISUAL OF YOUR PURPOSE WHEN YOU HAVE A SOLID DRAFT
- POST WHERE YOU CAN SEE IT EVERY DAY! GIVE YOURSELF SPACE TO ADD WORDS OR VISUALS AS YOU LIVE INTO IT