

We previously learnt about osmosis and how to perform rate calculations, using percentages and plotting, dewing and interpreting graphs.





Active transport moves substances from a more dilute solution to a more concentrated solution (against a concentration gradient).





AQA questions often ask about the distinction between osmosis, diffusion and active transport.

1.3.3. Active Transport

Active transports is another method of transport in cells. It is special as it requires energy as it moves particles against a concentration gradient.

• Active transport is the movement of substances against a concentration gradient using energy. This energy is provided by respiration.

Active transport occurs in plants.

Active transport occurs in root hair cells. Plants require mineral ions for growth. Nitrates are especially needed for protein synthesis. They take these in from the soil. Mineral ions are in a higher concentration inside the root hair cells than in the soil. They then move via active transport from the soil into the root hair cells in order to enter the plant.





High concentration Nitrates in Roots

Fig 1. Active Transport of Nitrates.

Active transport also occurs in the body.

• Active transport occurs in the gut wall. Active transport helps sugar to be transferred from a low concentration in the gut to a higher concentration in the blood. This allows the glucose from the gut to be absorbed. This glucose is used for respiration.





Transport

Active Transport	Simple Diffusion	Osmosis
Active	Passive	Passive
Low to High Concentration	High to Low Concentration	High to Low Concentration

Fig 4. Types of Transport in Cells.



Active transport occurs in epithelial cells. AQA questions often ask why they need many mitochondria. Remember that as active transport requires ATP, cells that use active transport require many mitochondria.

Diffusion and osmosis are known as passive processes because they do not require ATP to occur. Active transport, in contrast, is active. AQA questions often give 2 marks for learning these simple definitions

