



Tuesday June 23 11AM

FOOD AND ME AND THE BIBLE



Ch 4: IS FOOD A GOD
FOR MY EMOTIONS?

CHAPTER 4

What situation do
we tend to go to
food for comfort?

Exodus 34:14

What about the
consequences of
breaking the
boundaries he has
given us for our
eating?

What are some
boundaries you
have in your life
in other areas?