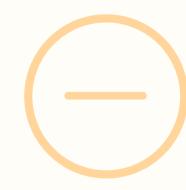




Ch 4: IS FOOD A GOD FOR MY EMOTIONS?



CHAPTER 4

What situation do we tend to go to food for comfort?

Exodus 34:14

What about the consequences of breaking the boundaries he has given us for our eating?

What are some boundaries you have in your life in other areas?