



## BREAKING THROUGH INTO BLESSED LIFE – THE PRAYER OF JABEZ

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### A. The Background and Unique Status of Jabez

“Jabez was more honorable than his brothers. His mother had named him Jabez, saying, ‘I gave birth to him in pain.’”  
1 Chronicles 4:9 (NIV)

“And the clans of scribes who lived at Jabez: the Tirathites, Shimeathites and Sucathites. These are the Kenites who came from Hammath, the father of the house of Recab.”  
1 Chronicles 2:55 (NIV)

### B. The Main Content of “The Prayer of Jabez”

“Jabez cried out to the God of Israel, ‘Oh, that you would bless me and enlarge my territory! Let your hand be with me, and keep me from harm so that I will be free from pain.’ And God granted his request.”  
1 Chronicles 4:10 (NIV)

#### 1. “Oh, that you would bless me” — Seeking God’s \_\_\_\_\_

“The LORD bless you and keep you; the LORD make his face shine upon you and be gracious to you; the LORD turn his face toward you and give you peace.”  
Numbers 6:24-26 (NIV)

“You do not have, because you do not ask God.” James 4:2b (NIV)

#### 2. “Enlarge my territory” — Pursuing Spiritual Growth and \_\_\_\_\_

“Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes. For you will spread out to the right and to the left; your descendants will dispossess nations and settle in their desolate cities.”  
Isaiah 54:2-3 (NIV)

#### 3. “Let your hand be with me” — Seeking God’s Presence and Guidance

“Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go.”  
Joshua 1:9 (NIV)

#### 4. “Keep me from harm so that I will be free from pain” — Requesting God’s \_\_\_\_\_ and Peace

“The LORD will keep you from all harm – he will watch over your life; the LORD will watch over your coming and going both now and forevermore.”  
Psalm 121:7-8 (NIV)

### C. Applications of “The Prayer of Jabez”

1. \_\_\_\_\_ Boldly and Seek God’s Blessings
2. Desire Breakthroughs and Growth
3. \_\_\_\_\_ God’s Presence
4. Depend on God’s Protection

“Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.”  
Psalms 139:23-24 (NIV)

### The Prayer of Jabez

Oh Lord! I am so confused by my suffering,  
seems I have no hope of being released.  
But I fully entrust that You are my God, my Lord,  
there will be peace, let me be revived.

Oh Lord! I am deeply thanks for Your caring,  
take me out of the dark towards to victory.  
Pray You deepen my heart, teach me live by Your words,  
to pray just as what Jabez did.

(Chorus)

“That You would bless me”, a sinner like me,  
I can testify that You are the living God,  
To greatly “Enlarge my territory”,  
and tell the world “How Great Thou Art”,  
“Let Your hands be with me”, I will always be Yours,  
Your precious love is what I long for,  
“and keep me from harm, I will be free from pain”,  
help me stay focused to Lord.

Oh Lord! I love serving You with my whole life,  
I pray You to bless me by Your Mighty hands.  
Amen!!

Take your next step!



1. blessing
2. breakthrough
3. protection
4. pray
5. seek



## 從困境到蒙福 — 雅比斯的禱告

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### 一. 雅比斯的背景與特殊地位

「雅比斯比他眾弟兄更尊貴、他母親給他起名叫雅比斯、意思說、我生他甚是痛苦。」

歷代志上 4:9 (和合本)

「和住雅比斯眾文士家的特拉人、示米押人、蘇甲人、這都是基尼人利甲家之祖哈末所生的。」

歷代志上 2:55 (和合本)

### 二. 「雅比斯的禱告」的主要內容

「雅比斯求告以色列的神說、『甚願你賜福與我、擴張我的境界、常與我同在、保佑我不遭患難、不受艱苦。』神就應允他所求的。」

歷代志上 4:10 (和合本)

#### 1. 「甚願你賜福與我」—— 尋求神的\_\_\_\_\_

「願耶和華賜福給你，保護你！願耶和華使他的臉光照你，賜恩給你！願耶和華向你仰臉，賜你平安！」

民數記 6:24-26 (和合本)

「你們得不著，是因為你們不求。」

雅各書 4:2 下 (和合本)

#### 2. 「擴張我的境界」—— 追求屬靈的成長與\_\_\_\_\_

「要擴張你帳幕之地，張大你居所的幔子，不要限止；要放長你的繩子，堅固你的橛子。因為你要向左向右開展，你的後裔必得多國為業，又使荒涼的城邑有人居住。」

以賽亞書 54:2-3 (和合本)

#### 3. 「常與我同在」—— 尋求神的同在與引導

「你當剛強壯膽，不要懼怕，也不要驚惶，因為你無論往哪裡去，耶和華你的神必與你同在。」

約書亞記 1:9 (和合本)

#### 4. 「保佑我不遭患難，不受艱苦」—— 祈求神的\_\_\_\_\_與平安

「耶和華要保護你，免受一切的災害；他要保護你的性命。你出你入，耶和華要保護你，從今時直到永遠。」

詩篇 121:7-8 (和合本)

### 三. 「雅比斯的禱告」的應用

1. 大膽\_\_\_\_\_，求神賜福

2. 渴望突破，追求成長

3. \_\_\_\_\_神的同在

4. 依靠神的保護

「神啊，求你鑒察我，知道我的心思，試煉我，知道我的意念；看在我裡面有什麼惡行沒有，引導我走永生的道路。」

詩篇 139:23-24 (和合本)

### 雅比斯的禱告

主啊！我在迷茫的俗世困惑，沒有一絲盼望叫我釋放，但我一心相信，祢是我主我神，在祢臂內必得力脫困憂。

主啊！我是全然感謝祢照料，在困境中跨過叫我得勝，願祢監察我心，懂得向祢求告，像雅比斯的心向祢傾訴。

(副歌)

求祢快賜福予我這罪人，籍我身宣稱主救恩；  
求祢去擴張於我的境界，使祢的光照耀普世；  
常與我同在緊握主心意，祢的愛是我一生靠依；  
求懊惱困苦誘惑完全離我，讓我能專心仰望神。

(結尾段)

主啊！我願完全的為祢獻奉，

求祢顧念携我結伴向前行。

Amen！

踏出你的下一步！



1. 祝福 2. 突破 3. 保護 4. 禱告 5. 尋求