

EDGE YOGA SCHOOL PRESENTS:



HEALTH COACH CERTIFICATE



COMPREHENSIVE TRAINING

Make 2020 a year of comprehensive learning and earn your Health Coach Certificate from Edge Yoga School. We offer accreditations with Yoga Alliance and The American Council on Exercise in this program. Become an expert today and join the wellness field!

EARN YOUR RYT 200

Become a Yoga Alliance Registered Yoga Teacher of 200 hours and learn the art of teaching a yoga class. In this course, you will have ample experience in leading classes, discover the art of teaching, and living yogic philosophies.

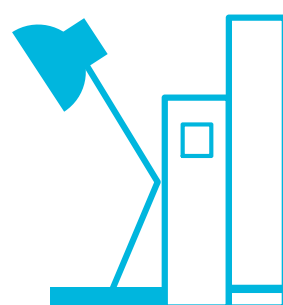


ONLINE RESOURCES

Pick your favorite course in our online school for an elective. Choose certificates such as Pilates, Barre, Ayurveda, and more!! What do you want to specialize in? See our courses at MichelleRaeSobi.com

ACE PREP COURSE

Join our prep course and prepare to sit for the Personal Trainer exam for the American Council on Exercise. Upon completion of this prep course, you will earn your Personal Trainer Certificate from Edge Yoga School. For those of you who aim to sit for the ACE Exam, should feel equipped to do so. *Not included in tuition.



RYT 500

Take your training earned in our 200-hour program and learn how to teach it back in this training. This advanced training of 300 hours allows you to register as a Registered Yoga Teacher of 500 hours with Yoga Alliance. We focus on leading YTT, workshops, and retreats. Become an expert in yoga!

HANDS-ON EXPERIENCE

This Health Coach certificate is a comprehensive program that will prepare you for a career in wellness. Upon completion, you will have the following credentials:

RYT 500, Yoga Alliance
Health Coach, Edge Yoga School
Personal Trainer, Power Edge Fitness
Specialty Cert, eYs MindBody Academy



WHAT ARE YOU WAITING FOR? BEGIN TODAY! THIS IS A TWELVE MONTH PROGRAM TO ALLOW YOU ALL THE TIME YOU NEED TO LEARN THE ART OF MINDFUL LIVING!

SEE OUR PROGRAMS ONLINE AT MICHELLERAESOB.COM

Power Edge Yoga Fitness, LLC has been serving Naperville for a decade. Let us serve you in 2020! Questions? Rae@EdgeYogaSchool.com