The Comeback Code : Unlock Your Path to Success – Introduction

Welcome to your comeback! Congratulations on making the choice to move past your challenges and setbacks and create the life you desire! In this course, you'll find tricks, tools, and techniques to make you a formidable force against any obstacle that tries to stop you from reaching your goals.

You'll learn how to overcome fears and failures. You'll discover proven strategies to get through hopeless circumstances. And you'll find out how to maintain your enthusiasm for your goals – despite adversity – until you achieve what you set out to do.

At the end of the course, you get to put your lessons to work on your own challenges as you write your own success story – a detailed vision of you in the future, living the life you've always dreamed of!

Each of the 20 lessons contains important action tips to help you learn and use these valuable strategies. Be sure to go through all of the lessons with an open mind and try out the techniques. Remember – nothing happens until you take action! You HAVE to do the work. This doesn't work if you don't.

Within each lesson, you'll also see an Additional Resources box. Be sure to check this box to find the surprises inside.

This box contains extra resources to help you learn the techniques. You might find an article, affirmation, reflection, action guide, or workbook. Sometimes you'll even find a motivational graphic you can use for your computer wallpaper or print out and post where it can encourage and uplift you every day.

Enjoy the course!

Here's what you need to do today:

Check your Additional Resources box for this lesson and take advantage of these preliminary materials to get started on overcoming the obstacles you're struggling with right now.

- Print them out.
- Post the inspirational graphic where it can inspire you each day.
- Keep the affirmations/reflections handy and read them out loud a couple of times today. Start building a habit of repeating positive affirmations several times each day and whenever you need some reassurance.

See you on the inside…