

Annual Questions To Ask Yourself

1. What could I do to love myself?
2. What could I do to respect myself?
3. What could I do to be understood?
4. What could I do to secure myself?
5. What can I do to feel more confident in our future together?
6. What values or attributes do I need to develop?
7. What values or attributes do I need help developing?
8. What achievement(s) in my life brings me the greatest joy?
9. What goals do I want and or need to accomplish?
10. What mutual goals do I see us accomplishing?