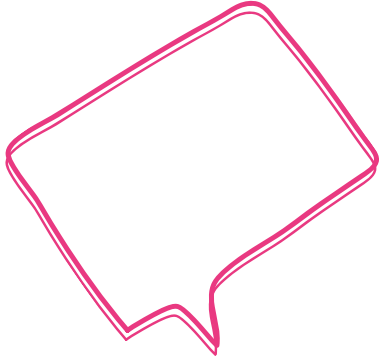




Nanny 'n Me for nannies at home



LANGUAGE WEEK



Is Language just about talking?

No! Language is about two things!

Language is being able to

talk

but it is also being able to

understand!



Talking and understanding use two different parts of the brain!

Do our babies learn to talk and understand at the same time?

No. Our babies actually start to understand 8 months before they can talk.

That's why they can understand to wave goodbye before they can say goodbye.

How do our babies "talk" to us before they can speak?

Crying and squealing.

Copying other people's actions eg.

waving bye-bye.

Making noises to show excitement and happiness.

Using their faces to show us how they are feeling eg. smiling, frowning.

Listening to sounds and voices and trying to respond.

Making different sounds like 'coos and goos' or bub-bub-bub' and 'da-da-da'

How do our toddlers start to talk?

Starting with one word such as 'mama' and 'dada'.

Showing 'yes' or 'no' by nodding or shaking their head.

Making up their own words for things

Starting to know and say names of things they see a lot, eg. car, ball.

Using simple words to ask for something, like 'bobo' for bottle.

Following simple instructions such as 'come here', 'sit down', 'clap hands', 'wave bye'.



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LANGUAGE WEEK

How can we play to help our baby's Language to develop?

Singing together!

This helps your little one to get to know more words and helps them to learn them when they sing the same song again and again!

Reading together!

You don't even have to be able to read to do this. All you need to do is sit quietly with your little one and look through a picture book. If your baby points at something, tell him/her what they are pointing at. Speak to them about the pictures, the colours and what is happening!

Practice using small muscles of the mouth!

Try blowing, sucking and using a straw to help these muscles develop.

Talk to them!

As you do normal everyday activities talk to your little one. Name the body parts as you wash them. Talk about the food they are eating as you feed them. Name the things that they see around the house. This will build a good foundation for their understanding and for when they start to speak!

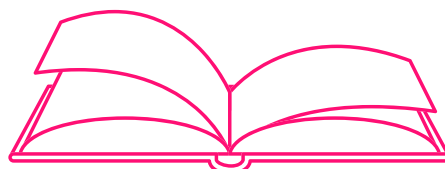
How does your Little one communicate with you?

How do you know what they need?

What sounds are they making?

What do they understand?

Are they saying any words yet?





Nanny 'n Me for nannies at home



LANGUAGE WEEK

Baby activities

- Talk to your baby all the time. When you are busy doing something like cooking or bathing and dressing them, talk and tell them everything you are doing
- Read books to your baby
- Use different expressions with your face when talk so your baby learns how to connect what you are saying to an emotion
- Use your hands to talk along with your words. Point when you are showing them something or wave when saying goodbye
- Copy the sounds that your baby makes and pretend to be talking back to him/her
- Give praise to your baby when he/she tries to copy what you say
- Respond when your baby laughs and pulls faces – laugh back at them
- Speak to them about different colours and shapes “Look at the blue sky or green grass” “Can you see the ball? It’s a circle”
- Sing songs to your baby and let him/her listen to music or the radio

Toddler activities

- Telephone play – pretend to talk to your child over the phone. You can talk and then wait for them to respond. Do this again and again so they learn how to take turns
- Use toys or puppets to talk to one another. Show your child how to pretend to talk to another toy or animal
- Sing with your child and make up fun songs together about anything
- Point to different things around the house or outside and ask your child to try and say the word or even copy you saying it
- Read books to your child and ask them to point to different things in the book. You can ask “Where is the duck?” “What sound does a duck make”
- Teach your child to clap hands and play peek-a-boo
- Talk about different animals and the sounds they make. “This is a dog. Dogs go WOOF. Can you point to the dog?”

Send pictures to your facilitators of all the fun activities you are doing with your children at home!
Let's play and Learn!