Materials:

- sticky notes 2 different colours
- pen
- an excerpt from a magazine or book you can tear out and alter.
- a designated art journal (You can make a simple one or use something you already have. **You will be referring to this journal regularly and need 7-9 double sided pages).
- a piece of fabric large enough to make into a small pouch
- acrylic paint
- acrylic brushes
- black archival pens
- black calligraphy pens
- blank washi tape or white phamaceutical tape (or something you have that is similar to write on)
- collage paper (some neutral, some coloured)
- gel medium and brush (or glue of your choice)
- brayer
- mixed media paper
- paper trimmer
- watercolour paper
- heat tool
- stencils and daubers
- black gesso or black acrylic ink, or black paper
- acrylic sprays
- acrylic inks
- pastels
- pencils
- tools for etching into paint (eg. skewer, catalyist tool, twig)
- embroidery floss, needle, scissors
- water
- paper towels