



## Birth Assistant's Skill Self Assessment

Birth Assistant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Please use the following scale to rate yourself for the list of tasks and knowledge below.

- 1= limited training or no knowledge/skill in this area. cannot perform alone.
- 2= good understanding, but I need more experience. may need supervision/assistance.
- 3= extensive understanding and experience; I could teach this skill (can do it alone)

### General

Midwife's chart forms	1	2	3
Charting	1	2	3
Birth bag equipment	1	2	3
Universal precautions	1	2	3
HIPAA	1	2	3

### Use of Emergency Equipment and Procedures

O2 set up/administration	1	2	3
DeLee suction	1	2	3
Infant Ambu bag	1	2	3
Laryngoscope set up	1	2	3
ET tubes	1	2	3
IV equipment	1	2	3
Pitocin	1	2	3
Cytotec	1	2	3
Methergine	1	2	3
Bakri balloon	1	2	3
Transport of mother	1	2	3
Transport of baby	1	2	3
Calling rescue squad	1	2	3
Suprapubic pressure	1	2	3
Fundal pressure	1	2	3
McRobert's	1	2	3
Bimanual pressure	1	2	3

### Labor and Birth

Setting up for birth	1	2	3
Relaxation techniques	1	2	3
Comfort measures	1	2	3
Making hot compresses	1	2	3
Labor/birth positions	1	2	3
Second stage coaching	1	2	3

FHR with doppler	1	2	3
FHR with fetoscope	1	2	3
Water birth	1	2	3
Vaginal exams	1	2	3
Sterile water papule	1	2	3
Leopold's –fetal position	1	2	3

### **Newborn Care**

Eye prophylaxis	1	2	3
Vit K IM administration	1	2	3
Metabolic screen & form	1	2	3
Newborn procedure form	1	2	3
Birth certificate form	1	2	3
Cord blood sample/form	1	2	3
Newborn blood collection	1	2	3
Blood glucose testing	1	2	3
Res-Q-Vac	1	2	3
Bulb syringe	1	2	3
Neonatal resuscitation	1	2	3
Making footprints	1	2	3
Newborn exam	1	2	3
Newborn vital signs	1	2	3

### **Postpartum Care**

Making ice packs	1	2	3
Postpartum teaching	1	2	3
Assisting with suturing	1	2	3
Perineal care	1	2	3
Breastfeeding support	1	2	3
Breastfeeding problems	1	2	3
Fundal massage/assess	1	2	3
Postpartum mood issues	1	2	3
Lab/form for RhoGAM	1	2	3

### **Miscellaneous Procedures**

Straight catheterization	1	2	3
Foley catheterization	1	2	3
Starting IV and SL	1	2	3
Blood draw	1	2	3
SL maintenance	1	2	3
Using butterfly sets	1	2	3
Opening sterile material	1	2	3
Giving PO meds	1	2	3
Giving IV fluids	1	2	3
Giving IV meds	1	2	3
Adult IM injections	1	2	3

Adult SQ injections	1	2	3
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