# Career Journeys

If I look back on my career as a journey, it gives a different perspective on everything that I have done, and the challenges I have navigated.

Each position redundancy was an opportunity in disguise, each interpersonal challenge a story to illustrate what happens in the workplace, and different workplaces gave access to different skills and different insights.

Each course of study opened up windows of opportunities to do things differently, meet new people and to learn completely different things.

Whilst we may have a plan or path in mind, we don’t know what life will throw at us. Adaptability, self-awareness, self-belief, self-care and personalize learning strategies will help us adjust, learn and grow.

Sometimes it helps to know that making a “wrong choice” isn’t the end of the road. It’s just the first step on what could be a really interesting and perhaps exciting journey.