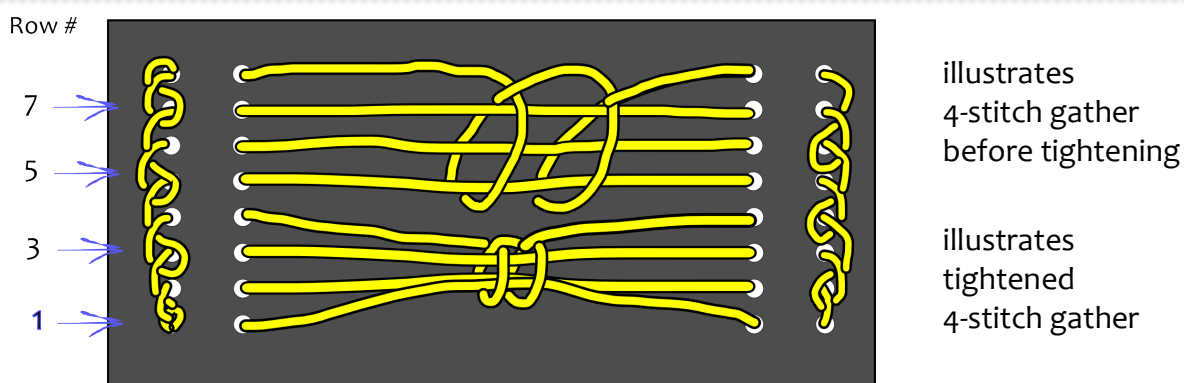


CREATE ARTFUL JOURNALS: Binding Instruction Guide

Stitching Diagram: Gathered Stitch



Gathered Stitch Binding Instructions

ROW	Instructions
1	Stitch straight across (regular running stitch)
2	Stitch straight across (regular running stitch)
3	Stitch straight across (regular running stitch)
4	Link down & under rows 1-3 stitches, then up and under same stitch; Repeat link.
5	Stitch straight across (regular running stitch)
6	Stitch straight across (regular running stitch)
7	Stitch straight across (regular running stitch)
8	Link down & under rows 5-7 stitches, then up and under same stitch; Repeat link.

NOTE: Diagram at top shows Kettle stitch on either end of Gathered link stitch, although this stitch may be combined with a variety of other stitches. Instructions above describe only the center area stitches after needle exits the signature and before it re-enters the next station, and shows a 4 stitch gather. For the 8-stitch gather, stitch straight across for rows 1-7, and in Row 8 link through previous stitches as described.