

POD Call Dates & Details

Weekly POD Calls

Once you are assigned to a POD group, your group will decide collectively the exact date and time each week to meet within the following schedule. However they should be within the week of the Class Calls. The goal is to have a minimum of 1 week off per month. December 2024 and January 2024 you will meet with your POD group twice rather than three times.

These need to be recorded by a POD member and emailed to TheAcademyofBeing@gmail.com.

- **March 2023: Choose 1 week**
- **April 2023: The first 3 weeks**
- **May 2023: The first 3 weeks**
- **June 2023: The first 3 weeks**
- **July 2023: The first 3 weeks**
- **August 2023: The first 3 weeks**
- **September 2023: The first 3 weeks**
- **October 2023: The first 3 weeks**
- **November 2023: The first 3 weeks**
- **December 2023: The first 2 weeks**
- **January 2024: The first 2 weeks**

These calls will be recorded.

Note: In addition to your weekly class calls, you will meet in smaller groups for POD Group (your peer support group) Coaching Calls for the first 3 weeks of each month as a part of your certification process. Once you are assigned to a POD group, your group will decide collectively the exact date and time each week to meet within the following schedule. More information can be found in the Group Calls Section of this manual. **There are 29 POD calls, you are required to attend 26.** Be sure to add your group call dates and times to your calendar in the Checklist and Calendar.