

The Classical Herbalist Online Course Curriculum

Module 01 Foundations of Classical Herbalism

HUANG DI NEI JING FLAVOR & NATURE

Returning our Focus to the Flavor & Nature of Herbs *article*

Nei Jing Flavor & Nature Theory *online video*

Clinical Application: Flavor & Nature Case Studies *online video*

YIN AND YANG

Yin and Yang of Herbs *article*

Yin and Yang of Herbs *online video*

Yin and Yang of Herbs Case Studies *online videos*

SHEN NONG BEN CAO

The First Materia Medica: The Shen Nong Ben Cao *article*

Shen Nong Ben Cao *online video*

Clinical Application: SNBC Case Studies *online video*

Module 02 Putting Theory into Practice

HERBAL COMBINATIONS & THEORY

The 8 Functions of Qi *online video*

Classical Thinking, Custom Formulation *online video*

Classical Strategies for Herb Combinations *online video*

the 18 incompatible herbs

the 19 antagonistic herbs

common herbal pairs

Herbal Preparation Methods *online video*

HISTORY & CHANGES IN MATERIA MEDICA

The Changing Qualities of Herbs *article*

Historically Important Materia Medica *online videos*

Module 03 Examining Classical Formulas

SHANGHAN LUN

Shanghan Lun Preface *online video*

Overview of the Shanghan Lun & Six Divisions *online video*

Shanghan Lun Formula: chapter by chapter explanation *online video*

JINGUI YAO LUE

Jingui Yao Lue Formula: chapter by chapter explanation *online video*

FAMOUS DOCTORS & TREATMENT METHODS TO MODERN TIMES

Sun Si Miao's perspective & formulae in the Qian Jin Yi Fang *online video*

The Four Greats of the Jin & Yuan Dynasties & their treatment methods

Wen Bing Theory development and formulas

History of the last 100 years leading to modern application of TCM

COURSE COMPLETION:

"Classical Herbalist Certification" granted to attendees who complete all course videos and end of course test with an 80% or greater passing score.

FOR CONTINUED STUDY, WE RECOMMEND:

- **HERB IMMERSION WORKSHOP**

bring to life herbal theory through touching, smelling, tasting and experiencing herbs. In this four part series, JulieAnn reinterprets modern medicas and herb categorization to elucidate herbal treatment of wind, heat, damp and dryness. See seminar dates and locations at traditionalstudies.org for more information

- **CLINICAL OBSERVATION**

seeing a confident practitioner flexibly prescribe herbal formula for acute and serious conditions is the only way to gain confidence in treatment, and develop a realistic perspective on treatment timeline and outcomes. Participants follow chief practitioners JulieAnn & Andrew Nugent-Head through their busy community clinic, viewing a wide range of illness severity and socioeconomic backgrounds,.

The "Clinical Herbalist Certification" is granted to attendees who successfully complete all Classical Herbalist Training materials and an additional 80 hours of clinical training. Clinical training hours to be completed at the Alternative Clinic in Asheville, NC under senior practitioners JulieAnn and Andrew Nugent-Head.