



Toddler Ant Main Activity



Today we will be busy little ants while developing the small muscles of the feet. In our main activity we will be making a salt dough footprint.

You will need:

Oven

Tray

Paint to decorate once dry

Salt dough OR salt dough ingredients:

1 1/2 cups flour

1/2 cup cornstarch

1/4 cup salt

3/4 cup hot water to start with



Method:

1. Mix salt dough as instructed by adding the water and mixing with a fork. You will need to knead the dough for at least 10 minutes otherwise it will remain sticky!
2. Place dough on the baking tray and smooth out.
3. Shape the dough into a heart shape, big enough for both of your baby's feet to fit inside. See the picture of how to place your baby's feet.
4. Bake at 100 degrees Celsius for 2-4 hours, or until well dried.
5. Once the dough is dry and cool, you and baby can paint your keepsake, and make a card to give to someone special as a gift. Your toddler can add their scribbles and love to the card.

Your child may be reluctant to stand in the clay, so you could also let your child place their feet in the clay while seated.



Once the dough is dry and cool, your child can paint their salt dough feet and decorate the card



Nanny 'n me
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