

## 5-Week Journal Log – STAR Application

**Give an example of application of session learning in the format of STAR for each**

1. Situation – what was the situation / context / scenario?
2. Task – what was the task required by whom?
3. Action – what action did I take? What learning did I use in that action?
4. Result – what was the impact / result of the action?

**Name:**

**Week: 01**

**Course Outcome:**

**Activity:**

**Situation and Task**

**Action**

**Result**

**Learning**



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Give an example of application of session learning in the format of STAR for each

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Name:

Week: 02

Course Outcome:

Activity:

Situation and Task

Action

Result

Learning



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4. Result – what was the impact / result of the action?

**Name:**

**Week: 03**

**Course Outcome:**

**Activity:**

**Situation and Task**

**Action**

**Result**

**Learning**



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1. Situation – what was the situation / context / scenario?
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4. Result – what was the impact / result of the action?

Name:

Week: 04

Course Outcome:

Activity:

Situation and Task

Action

Result

Learning



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3. Action – what action did I take? What learning did I use in that action?
4. Result – what was the impact / result of the action?

**Name:**

**Week: 05**

**Course Outcome:**

**Activity:**

**Situation and Task**

**Action**

**Result**

**Learning**

